



Parco Nazionale  
Arcipelago  
Toscano



# Living the Park



calendar  
**2021**



Parco Nazionale  
Arcipelago  
Toscano

1996 - 2021

## The Tuscan Archipelago National Park

The Protected Area includes about 180 square kilometres of land and about 600 of sea, comprising all the islands of the archipelago. Half of the area of Elba and Giglio is protected, and only a small built-up area on the Island of Capraia is excluded. Montecristo, Pianosa and Gorgona islands are under strict protection: access is limited to keep visitors to sustainable numbers. Although access to Giannutri is freely permitted, a guide is required to visit most parts of the island. The islands differ in geology, landscape, biodiversity, history and the human events that animated their past. There are corners where you can bathe in turquoise waters, open spaces bathed by golden sunsets, evergreen holm oak woods interspersed with geometric cultivated terraces and, lastly, extensive patches of colourful flowers stretching out towards the sea. Beyond that limit, the kingdom of pioneer plants growing among seaside rocks and on vertical cliffs, on rocky shores sheltering sandy inlets gently lapped by the waves. Walking trails intersect small, well preserved hamlets with ancient, fortified bastions that recall the tumultuous events of past dominations.

### Seven protected islands

**ELBA** is the third largest Italian island (224 km<sup>2</sup>), measuring 27 km E-W and 18 km N-S. It lies 10 km from the Tuscan coast. Divided into the seven municipalities of Campo nell'Elba, Capoliveri, Marciana, Marciana Marina, Porto Azzurro, Portoferraio, Rio, it is prevalently mountainous or hilly. The western granite massif culminates in Mt. Capanne (altitude 1019 m), the highest peak in the archipelago. The island, known for its iron deposits, has an exceptional variety of rocks and minerals, generated by complex geological events.

**GIGLIO** is the second largest island in the archipelago (21.2 km<sup>2</sup>). It lies 15 km west of Mt. Argentario and features a chain of hills, the highest peak of which is Poggio della Pagana (496 m). The hills have a prevalently granite substrate, except for an ancient sedimentary and metamorphic fragment with veins of iron-bearing minerals that were exploited until the 1960s in mines at the town of Campese.

**CAPRAIA**, has an area of 19.3 km<sup>2</sup> and is the third largest island in the archipelago. It lies 54 km west of the coast of Italy and 28 km from Corsica. The island is of volcanic origin and is mostly mountainous, with a ridge stretching from one side to the other, where the highest peak is Mt. Castello (altitude 445 m).

**MONTECRISTO** is the fourth largest island (10.4 km<sup>2</sup>) and the most distant from the coast of Italy (about 63 km). Already frequented in Roman times, in the fifth century St. Mamilian here founded a monastic community that was active until the sixteenth century. It has been a Total Nature Reserve since 1971 and a Biogenetic Nature Reserve since 1988. The only wharf is at Cala Maestra, site of the Royal villa (Villa Reale).

**PIANOSA** has an area of 10.2 km<sup>2</sup> and is the fifth largest island in the archipelago. It lies

14 km S-SW of Elba, 27 km S-SE of Montecristo and 40 km east of Corsica. Frequented by prehistoric man and by ancient navigators, it contains Neolithic, Eneolithic and Bronze Age remains. Site of maritime residential buildings in the Roman period, during the imperial period Agrippa, nephew of Augustus, was exiled here. It was closed to visitors until 1998 because it was the site of a major prison.

**GIANNUTRI** (2.6 km<sup>2</sup>) has 11 km of rocky coast and is the southernmost of the Tuscan islands. The only wharves are Cala Spalmatoio and Cala Maestra, which have narrow gravel beaches. The island is surrounded by waters rich in biodiversity. The archaeological site of the Roman villa of the Domitius family can be visited with special guides.

**GORGONA** is the smallest (2.23 km<sup>2</sup>, circumference of about 5 km) and northernmost island in the archipelago. It lies 36 km from the Tuscan coast and is the site of an agricultural penal colony. The highest peak on the mountainous western side is Punta Gorgona (225 m). The eastern side is marked by three small valleys, the northernmost of which extends down to sea level, where there is a small beach and the village-wharf of Cala dello Scalo.

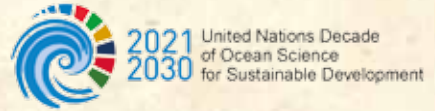


## The Pelagos Marine Mammal Sanctuary

The Tuscan Archipelago National Park lies completely within the **Pelagos International Sanctuary for the Protection of Marine Mammals**, which measures about 87,500 km<sup>2</sup> and stretches between Italy, France and the Principality of Monaco. In the Corsican-Ligurian-Provençal basin it stretches from Escampobariou Point (near Toulon) to Capo Falcone and Capo Ferro (Sardinia), reaching the Tuscany-Latium border. The area is characterized by high biodiversity: besides fin-whales, sperm whales and dolphins, it includes about 8,500 species of marine animals.

### 2021 – 2030 Decade of Ocean Science

The ocean covers 71% of the Earth's surface, and its health is fundamental to life on Earth and human well-being. The sea is suffering the effects of global warming, pollution and intensive fishing of certain fish species. For these reasons, the UN has decided to dedicate the "Decade of the Sea" to it, starting in January 2021. The initiative - officially titled "**Decade of Ocean Science for Sustainable Development**" - aims to raise awareness and mobilise people on this issue and advance knowledge about the oceans in order to develop collective solutions. It also aims to foster international cooperation in ocean sciences and coordinate research programmes.



### A commitment to sustainable tourism

The Park Authority has joined the European Charter for Sustainable Tourism (CETS) promoted by the Europarc Federation, a methodological tool and a certification to improve tourism management in protected areas. The central element of the Charter is collaboration among all stakeholders to develop a common strategy and action plan for tourism development, with the common goal of protecting natural and cultural heritage and continuously improving tourism management for the benefit of the environment, the local population, businesses and visitors. The Park is currently the lead partner in a five-year Action Plan (2021-2025) shared with the partner social partners and is available for consultation:

[www.islepark.it/conoscere-il-parco/progetti-in-corso/68-cets/579-carta-europea-per-il-turismo-sostenibile-nelle-aree-protette](http://www.islepark.it/conoscere-il-parco/progetti-in-corso/68-cets/579-carta-europea-per-il-turismo-sostenibile-nelle-aree-protette)



## 10 ECST (EUROPEAN CHARTER FOR SUSTAINABLE TOURISM) PRINCIPLES TO FOLLOW

- 1) Protect the landscape, biodiversity and cultural heritage
- 2) Support conservation through tourism
- 3) Reduce the ecological footprint, pollution and waste
- 4) Offer visitors safe access for all abilities
- 5) Communicate effectively the uniqueness of the area
- 6) Ensure social cohesion
- 7) Strengthen the local economy
- 8) Provide skills training to operators
- 9) Monitor tourism performance and results
- 10) Communicate actions and encourage participation in the Charter



## 4 STRATEGIC AXES IDENTIFIED FOR THE PNAT (TUSCAN ARCHIPELAGO NATIONAL PARK)

### A TERRITORY TO BE MANAGED

- Support activities for the protection and monitoring of natural capital, geodiversity, historical and cultural heritage and the territory in general, also through actions for the control of alien species and the optimal management of beaches and the coastal strip, including the possible identification of protected marine areas.
- Guarantee the maintenance of the network of trails and the recovery of structures functional to the sustainable fruition of the Tuscan Archipelago.

### DIFFERENTIATE THE OFFER

- Deseasonalise tourism by broadening the offer (nature tourism, geotourism, cultural tourism, wine and food tourism, outdoor activities, etc.) and providing educational activities for the informed tourist.
- Imagine a brand for the Tuscan Archipelago to be conveyed through coordinated communication aimed at promoting a sustainable tourism ("not only the sea").

### REDUCE THE FOOTPRINT

- Reduce environmental impacts by working towards a "carbon free" and "plastic free" territory (alternative energy, water cycle, food waste, circular economy, waste management, ...) and contrast the effects of climate change.
- Rethink internal mobility and connections within the Tuscan Archipelago in order to develop local realities and improve the islands' tourist offer.

### ALLOW THE COMMUNITY TO GROW

- Consolidate the role and the "presence" of the Park in the territory, by listening, cooperating and sharing management objectives with local actors to make them increasingly aware of the potential of sustainable tourism.
- Foster youth entrepreneurship and an economy complementary to summer tourism (quality agriculture, sustainable fishing, short supply chain, innovative and outdoor services).

## The UNESCO MAB Tuscan Islands Biosphere Reserve

The UNESCO MAB Tuscan Islands Biosphere Reserve includes the seven islands of the archipelago, as well as the other small islands and the sea between the Tuscan coast and Corsica; these are environments that contain great geological and biological diversity representative of the Mediterranean region. The UNESCO MAB (Man and the Biosphere) programme is rooted within the natural and social sciences for the rational and sustainable use and conservation of biosphere resources and for the improvement of the general relationship between people and their environment. In line with these objectives, the Tuscany Islands Biosphere Reserve promotes projects and initiatives aimed at protecting natural resources and encouraging sustainable economic development for the benefit of local communities.



# UN Agenda 2030

On 25 September 2015 the UN General Assembly adopted Agenda 2030 for Sustainable Development, identifying **17 Sustainable Development goals** crucial for the survival of humanity: education, health, social protection, work, climate change, environmental protection. In its 2021 catalogue of services, the Tuscan Archipelago National Park - committed to the daily protection of what is fragile, precious and threatened - proposes activities, experiences, workshops and events aimed at promoting behaviours and lifestyles that can contribute to the achievement of these ambitious goals. Among the 17 goals identified by the UN, PNAT is focusing its attention on those more organic to its mission, in the belief that great changes at the global level can be generated by a set of small individual gestures and that conscious daily choices can contribute to the construction of “a sustainable, peaceful, prosperous and fair world for all”.

**Goal 3.** Ensuring healthy lives and promoting well-being for all at all ages

**Goal 4.** Provide quality, equitable and inclusive education and learning opportunities for all

**Goal 6.** Ensure the availability and sustainable management of water and sanitation for all

**Goal 7.** Ensure clean and affordable energy

**Goal 12.** Ensure sustainable patterns of production and consumption

**Goal 13.** Promote action, at all levels, to combat climate change

**Goal 14.** Conserve and make sustainable use of the oceans, seas and marine resources for sustainable development

**Goal 15.** Protect, restore and promote the sustainable use of Earth’s ecosystem

**Goal 17.** Strengthen the means of implementation and renew partnerships for sustainable development



## Our first 25 years



When the decree establishing the Tuscan Archipelago National Park was issued in 1996, the actions for the conservation and development of protected territories in Italy were in their early years of experimentation, and the challenge seemed daunting even in these “islands of iron and fire”. Since then, in the Tuscan islands, a range of experiences and numerous professionals have raised public awareness of the importance of environmental protection and sustainable development of the local economy. It is therefore to the credit of all the administrators who over the years have acted as presidents, commissioners, councillors and members of the Park Community that the Park authority has achieved credibility and an increasingly consolidated role, not only locally, but I would also say at the national level through certification by the European Charter of Sustainable Tourism CETS of the Europarc Federation, as well as the international level through the prestigious recognition of the MAB Biosphere Reserve as a UNESCO site, and its candidature for inclusion in the IUCN Green List, the world’s highest certificate for protected natural areas. The commitment and dedication of the directors and employees involved in the different phases have been decisive.

Many interventions in recent years demonstrate how the Park can contribute not only to the protection of biodiversity, but also to recovering and restoring important historical sites and buildings strategic for their location, which, in turn, become a valid tool for promoting tourism of excellence: among these the Volterraio Fortress, Villa Romana on Giannutri, Villa dell’Agronomo on Pianosa, Rocca Pisana on Giglio, the numerous structures for welcoming tourists and for environmental education and outreach, such as Case del Parco in Rio and Marciana, the CEA in Lacona and Mola, the InfoPoint in Capraia and the NatLab in the English Fort.

Other important challenges for the conservation of nature and sustainable development await our Park, and thanks to the support and collaboration of the official park guides and the sharing of objectives with the Info Park staff, who manage the organisation of visitor services, we will be ready to face them.

But everyone, all those collaborating and interacting with the Park Authority, be they public or private stakeholders, can still help us complete the next actions to foster sustainability. The National Park will continue in its commitment to support the territory, with dedication and transparency.

On this important anniversary, I would like to express my sincere thanks to all those who paved the way for this truly extraordinary park and to those who, with renewed enthusiasm, are consolidating and will continue to strengthen a virtuous path to the benefit of nature conservation, history and the communities of the Tuscan Archipelago.

Giampiero Sammuri, President of PNAT



# Rules and advice

During your stay, please respect the following simple rules of good manners and common sense that will help make your experience unique and enable you to enjoy the essence of our park. Be aware of the environment around you, the silence of the park, the wind, the sounds and rhythms of nature – discover them with the help of the park guides.

- take your rubbish home with you;
- do not pick or damage plants or flowers;
- keep your distance from animals so as not to frighten them;
- do not collect minerals or fossils: they are our history;
- do not light fires and report any fires to the authorities;
- do not camp in the Park: this can upset fragile balances;
- do not collect mushrooms unless you have a permit.

## Understanding our symbols



Information about the National Park and the area



Digital events



Activities in museums



Environmental education activities



Naturalist activities



Geological or mineralogical activities



Activities in historic centres



Trekking activities or lengthy hikes



Cycle tourism or cycling activities



Kayaking in the sea



Snorkelling or educational activities in the sea



Visits to the catacombs of Pianosa



Palaeontological activities



Archaeological activities



Activities in historic sites: towers, fortresses, hermitages



Geological activities on the island of Pianosa



Food and wine activities



Nature watching or panoramic views



Guided visits and coach tours



Guided tours in carriage



Dawn to dusk activities

Living the park

# Elba and Pianosa

2021 Calendar



# Info Park and Environmental Education Centres

At the Elba Island Visitor Centres (in Marciana, Lacona, Rio nell'Elba and Portoferraio) you will find all you need to know about the Protected Area: general information, insights, services, advice on places to discover and activities to be booked. The Environmental Education Centres (CEA) organize guided visits and educational workshops.



## PORTOFERRAIO INFO PARK

Viale Elba 2, Portoferraio - 0565 908231

### From 1 november to 31 marzo:

from Monday to Saturday 9 am - 4 pm;  
Sunday 9 am - 3 pm

### From 1 aprile to 31 october

From Monday to Sunday 9 am - 7 pm

## LACONA INFO PARK

SP30, Lacona / beach – 0565 1930778

### From 1 May to 15 June and 16 - 30 September:

from Tuesday to Sunday 10 am - 1 pm  
and 3 pm - 6 pm

### From 16 June to 15 September:

from Monday to Sunday 9 am - 6pm

## PIANOSA INFO PARK

Tel. 0565 908231

### From 15 March to 30 October:

from Monday to Sunday 11 am - 4.30 pm

## CEA LACONA DUNE SYSTEM

SP30, Lacona / beach

### From 1 April to 10 June and 15-30 September:

Saturday and Sunday 10 am - 4 pm  
Monday 10 am - 1 pm

### From 11 June to 15 September:

Monday, Tuesday, Wednesday,  
Thursday and Friday 10 am - 4 pm



### **CASA DEL PARCO MARCIANA VISTOR CENTRE**

Fortezza Pisana, Marciana  
0565 901030 - 348 7039374

#### **From 2 April to 13 June and 1-31 October:**

Monday 10 am -1 pm;  
Friday 10 am -1 pm (October only)/  
3 pm - 6 pm;  
Saturday 10 am -1 pm / 3 pm - 6 pm;  
Sunday 10.30 am -1 pm

#### **From 14 June to 30 September:**

Monday 9.30 am -1 pm;  
Tuesday 9.30 am -1 pm;  
Wednesday 9.30 am -1 pm /  
4 pm - 7.30 pm;  
Thursday closed;  
Friday 3.30 pm - 7.30 pm;  
Saturday 9.30 am -1 pm / 4 pm - 7 pm;

### **CASA DEL PARCO RIO NELL'ELBA VISTOR CENTRE**

Loc. Canali, Rio - 0565 943399

#### **From 2 April to 29 May:**

Friday and Saturday 10 am - 1 pm /  
4 pm - 7 pm;  
Sunday 10 am-1 pm

#### **From 1 to 30 June and 1 to 15 September:**

Thursday, Friday, Saturday 10 am - 1  
pm / 4 pm - 8 pm;  
Sunday 10 am-1 pm

#### **From 1 July to 31 August:**

Tuesday 4 pm - 8 pm;  
Thursday, Friday, Saturday 10 am - 1  
pm / 4 pm - 8 pm;  
Sunday 10 am-1 pm

#### **From 6 September to 31 October:**

Thursday, Friday, Saturday 10 am - 1  
pm / 4 pm -7 pm;  
Sunday 10 am -1 pm



**FORTE INGLESE**  
PORTOFERRAIO

### **FORTE INGLESE PORTOFERRAIO**

Via Giagnoni 5, Portoferraio (above the  
hospital, climbing via San Rocco)

#### **From 1 March to 14 June**

Every weekend from 4 pm to 6 pm

#### **From 15 June to 15 September**

Every day from 6 pm to 8 pm

#### **From 16 September to 31 October**

Every weekend from 5 pm to 8 pm

#### **From 1 November to 1 March**

Open subject to scheduled events  
information: Info Park Portoferraio

## ENVIRONMENTAL EDUCATION CENTRE “CASA DEL PARCO” MARCIANA

The structure - managed with the assistance of a Park Guide who accompanies visitors on their journey of discovery through the protected area - is dedicated to the environments that characterise the National Park, with particular reference to the western sector of Elba Island and therefore to the granite landscape, the chestnut groves and the cultural heritage represented by the “caprili” (goat sheds). Multimedia displays and interactive applications illustrate the formation and geological evolution of the Tuscan Archipelago, and explore issues relating to climate change and the protection of geodiversity, as well as terrestrial and marine biodiversity, precious treasures preserved on the Tuscan islands. The facility hosts educational workshops and has spaces for local entertainment activities. Guided tours along the trails in the surrounding area and visits to the historic centre of Marciana also start here. Free admission.

### Casa del Parco proposed activities

#### **Marciana racconta (Marciana narrates)**

From 1 June to 1 November - every Wednesday from 6 pm to 8 pm.

Journey to discover Marciana’s past. Departure from the Casa del Parco with an introduction to the natural landscape. We will then immerse ourselves in the history of the island thanks to the splendid view from the panoramic terrace. From here we will walk through the narrow streets and alleyways of the characteristic village of Marciana to discover its history. Advance booking required, €8. Concessions: €4 children 5-12 years old, free for children under 5.

#### **Workshops for adults and children**

From 26 June to 28 August - every Saturday from 4 pm to 6 pm

Reading of “Le favole di zia Antonia” by Antonia Ciampo, a book dedicated to the natural environment of Elba Island. Starting from one of the tales, we will learn something more about the protagonists of each tale. We’ll colour in a drawing to discover together which animals live in our park. Advance booking required, free.

CEA Casa del Parco Marciana





Centro Educazione Ambientale

**RIO NELL'ELBA**



## **ENVIRONMENTAL EDUCATION CENTRE "CASA DEL PARCO" RIO NELL'ELBA**

The Visitor Centre is located on the eastern side of Elba Island, an area that has always been dedicated to mining. Visitors can take advantage of the presence of a Park Guide to find out about the protected area and the most interesting excellences of this part of the Elban territory. With the help of interactive applications and virtual reality experiences, visitors can get a feel for the extraordinary geological and mineralogical heritage of the area; there are also interesting sections dedicated to local agro-food traditions and the fascinating Orto dei Semplici Elbano at the ancient Hermitage of Santa Caterina. Conferences, educational activities and workshops for adults and children are organised in the Casa del Parco. Guided excursions along the trails in the surrounding area and visits to the historic centre of Rio nell'Elba also start from here.

Tel. 0565 943399. Free admission.

### **Casa del Parco proposed activities:**

#### **Guided tour of the Orto dei Semplici garden**

every Friday in July and August at 5 pm, in September at 11 am. Advance booking required, € 4 (free for children under 5) + admission to the garden € 4 (free for children under 5).

#### **Workshops for adults and children**

Every Thursday in July and August at 5 pm.

Workshops on botany, geology, biology, Etruscan writing and nature painting.

Free. Advance booking required.





## Centro Educazione Ambientale DUNE DI LACONA

### LACONA DUNES ENVIRONMENTAL EDUCATION CENTRE

Activities for children and adults are organised in the halls and garden of the facility, located in the central area of the island. Important environmental education themes are addressed through games and activities: do you know the meaning of the word “biodiversity” and which animals and plants live in our park? Do you know how to grow small vegetables or create a water filter? Do you want to explore the sea of the Archipelago, discover where turtles swim and how we can fish sustainably? The neighbouring dune system, protected by the park, becomes the starting point for a series of nature-themed activities led by park guides. All activities are free of charge and must be booked in advance.

#### **Winter workshops**

Every Sunday from November to May, 3 pm, Duration 2 h

#### **Summer workshops for children 8-11 years old**

Every Monday, Tuesday, Wednesday, Thursday, Friday, from June to September, 2 pm, Duration 2 h

#### **Summer workshops for children 5-7 years old**

Every Wednesday and Friday from June to September, 11 am, Duration 1 h 30 min

#### **Snorkelling with a Park Guide**

Every Monday in July and August, 11.30 am, Duration 1 h 30 min

#### **Guided tour of the dune system with a Park Guide**

Every Tuesday and Thursday from 15 June to 15 September, 11 am, Duration 1 hr.





**FORTE INGLESE** - (the English Fort) - Owned by the Municipality of Portoferraio, it is an 18th-century defensive structure built at the behest of Cosimo III, Grand Duke of Tuscany, to protect the town. Enlarged by Napoleon during his exile on Elba, the Fort was used in many ways until its recent restoration. In addition to the historical value of the building, the Fort is also appreciated for its panoramic position overlooking the town and Portoferraio harbour.

**THENAT-LAB** is the new nature laboratory created at the English Fort (Portoferraio) in 2019 by the World Biodiversity Association (WBA) in collaboration with the National Park. The NAT-LAB houses the most important entomological collection of species found in the Tuscan Archipelago. Here, naturalist researchers are working on the creation of other zoological and botanical collections dedicated to the Tuscan Archipelago. The NAT-LAB promotes knowledge sharing thanks to a classroom dedicated to the enhancement of the local environmental heritage where, by appointment, it is possible to carry out laboratory and study activities under the expert guidance of the Curator.

**Workshops and guided visits** with small nature observations and experiences during the summer period from 6 pm to 8 pm on the following dates:  
17 June; 1, 15 and 29 July; 12 and 26 August. Free, by appointment only.

**ALIENS PROJECT (LIFE ASAP)** - At the English Fort there is a special multimedia exhibition that allows visitors to deepen, through the use of viewers, their knowledge of alien species in our territory, thus becoming virtual sentinels of biodiversity: playing with augmented reality, visitors learn to recognize the Park's alien species, find them in the surrounding environment and assess the risks and environmental threats linked to their dissemination.







## THE MOLA WETLAND

The new **Aula Verde e Blu** (Green and Blue Hall) is located within the most important wetland on Elba Island so as to protect this important ecosystem. The facility is managed by **Legambiente Arcipelago Toscano** and the **Diversamente Marinai Association**, which together guarantee surveillance of the area and provide visitors with the necessary information to learn about and protect this precious treasure trove of biodiversity. The Hall, which has rooms equipped to welcome visitors, is enhanced by a garden containing native herbs such as lavender, rosemary, thyme and oregano and plants that provide food for foraging bees and butterflies.

The proposed mainly outdoor activities are suitable for all and aim at deepening knowledge of the wetland, of the habitats of Community and regional interest, as well as of the fauna - especially ornithological species linked to marshy environments - which lives, nests and/ or stops temporarily in the site and is therefore protected internationally.

Mola Locality - Luca - 3283085244; Federica - 3393868970.

From 1 October to 31 March: Monday and Thursday from 2 pm to 5 pm

From 1 April to 30 September: Monday and Thursday from 3.30 pm to 6.30 pm, two weekends a month

Località Mola – Luca - 3283085244; Federica - 3393868970.



# Orto dei Semplici Elbano



## THE ORTO DEI SEMPLICI GARDEN

The Orto dei Semplici Elbano is situated along the municipal road linking Rio nell'Elba to Nisporto. It was born from an idea developed by scholars from the University of Pisa and over time has taken on the role of conserving and enhancing species of naturalistic, pharmaceutical, agricultural and forestry interest in the Archipelago, becoming a part of the National Park's many institutional activities, in particular the protection of natural resources, the most significant expression of the island's biodiversity. The garden area is organised into ten thematic sections, and the elements used to delimit the spaces, walkways and rest areas are mainly in stone, tuff and wood, materials in harmony with the natural characteristics and spirituality of the place.

Starting in 2021, there will be an experimental apiary attached to the garden; it will be run by the current garden keeper, Roberto Ballini, a historic Elba beekeeper. The apiary, equipped with infographics, will illustrate the main types of hives, the different ways of beekeeping and, above all, it will help visitors acquire a respectful understanding of *Apis mellifera*, its biology and its ecological role.

### Opening Hours

From April to June - Thursday to Sunday - 11 am - 6 pm.

From the beginning of July to 15 September - every day except Monday - 3 pm - 8 pm.

From 16 September to the end of November - from Friday to Sunday - 10 am - 1 pm.

Admission € 4, free for children under 5. In case of rain the botanical garden is closed.



# THE ISLAND OF PIANOSA MUSEUM OF GEOLOGICAL AND ARCHAEOLOGICAL SCIENCES



For the first time, samples of rocks, fossils and archaeological finds, the real treasures of Pianosa, are shown where they were found, thanks to a permanent exhibition on the island. The exhibition reveals the history of Pianosa, from the oldest rocks dating back some 19 million years to the deposits of the last glacial period, and traces man's presence from the Upper Palaeolithic to the Roman Age and the Middle Ages. The abundant fossils and first inhabitants are closely linked to the geological and paleogeographical evolution from "non-island" to the island we know today. The history of this small, fascinating island is told in explanatory panels, videos and educational/dissemination workshops. Guided tours: bookings at Casa del Parco Pianosa or online at [prenotazioni.islepark/pianosa](http://prenotazioni.islepark/pianosa). Admission € 4. Concessions: € 2 for children 5-12 years old and for those who have purchased a National Park guided tour in Pianosa, free for children under 5.



# THE CATACOMBS OF PIANOSA ISLAND



Early Christian catacombs, comprising about 700 graves excavated in the local stone and used from the fourth century AD onwards, are located in the eastern sector of the island and within the village of Pianosa. These have all the morphological and monumental features of other catacombs excavated in the course of Late Antiquity in various centres of peninsular and insular Italy, making Tuscany the northernmost region in which funerary monuments with characteristics of this type have been identified thus far. The catacombs, constructed in the second half of the third century AD and used up until the fifth century, are divided into two distinct areas of differing period. Guided tours: book at Casa del Parco Pianosa or online at [prenotazioni.islepark/pianosa](http://prenotazioni.islepark/pianosa).

Admission € 5. Concessions: € 3 for children 5-12 years old, free for children under 5.



Elba and Pianosa

# Winter in the Park



Workshops and guided tours

## Elba and Pianosa



### Initiatives to enhance the area during the winter season

#### **TUESDAY 2 FEBRUARY**

##### **Elba Island. BioPhotoContest in the Mola wetlands**

On the occasion of the World Wetlands Day, Legambiente Arcipelago Toscano, in collaboration with the National Park, launches the photo contest “Life in Elba’s wetlands” to collect shots of marsh bird species, as well as to document the population of amphibians - including the Sardinian tree frog and the European green toad - in the island’s wetlands. The contest is open to all nature photography lovers. The photos, taken with a camera or mobile phone, must be sent by e-mail to [legambientearcipelago@gmail.com](mailto:legambientearcipelago@gmail.com) by 14 February and will be assessed by a jury made up of members of the National Park and the Legambiente Arcipelago Toscano club. The prize-giving ceremony will take place at a later date, which will be communicated to participants by e-mail and publicised in the local press.



#### **SATURDAY 20 FEBRUARY**

##### **Digital event. Geo-experience. Discover Elba: geology and painting**

On the occasion of Darwin Day: together with WBA we discover the project Butterfly Monitoring Scheme Italy (BMS-it), which is working to build a network for long-term monitoring of Italian butterflies, through which every citizen can help monitor a small portion of territory.

#### **SABATO 20 FEBBRAIO**

##### **Evento digitale. Geo-experience. Elba da scoprire: geologia e pittura**

With geologist Beppe Tanelli and painter Luciano Regoli we discover, through canvases and stories, the geological richness of our territory and its three souls: one of iron, another of granite and one “in between”.

## Elba and Pianosa

### **SATURDAY 27 FEBRUARY**

#### **Elba Island. Elba taste workshops: waste management in the family**

Let's discover together how careful shopping and storing food correctly can help reduce food consumption and waste and how to acquire habits that can make a tangible contribution to achieving objective no. 12, "responsible consumption", as called for in UN Agenda 2030. Appointment: 3.30 pm at the English Fort in Portoferraio - Duration: 2 hours – Advance booking required, free.

### **WEDNESDAY 3 MARCH**

#### **Digital event. The return of the monk seal in the Tuscan Archipelago**

On World Wildlife Day, together with experts from the Advanced Institute for Environmental Protection and Research (ISPRA), we discover the characteristics of this rare marine mammal, of which fewer than 700 individuals survive in the wild and which was recently sighted in the waters of Capraia and Pianosa.



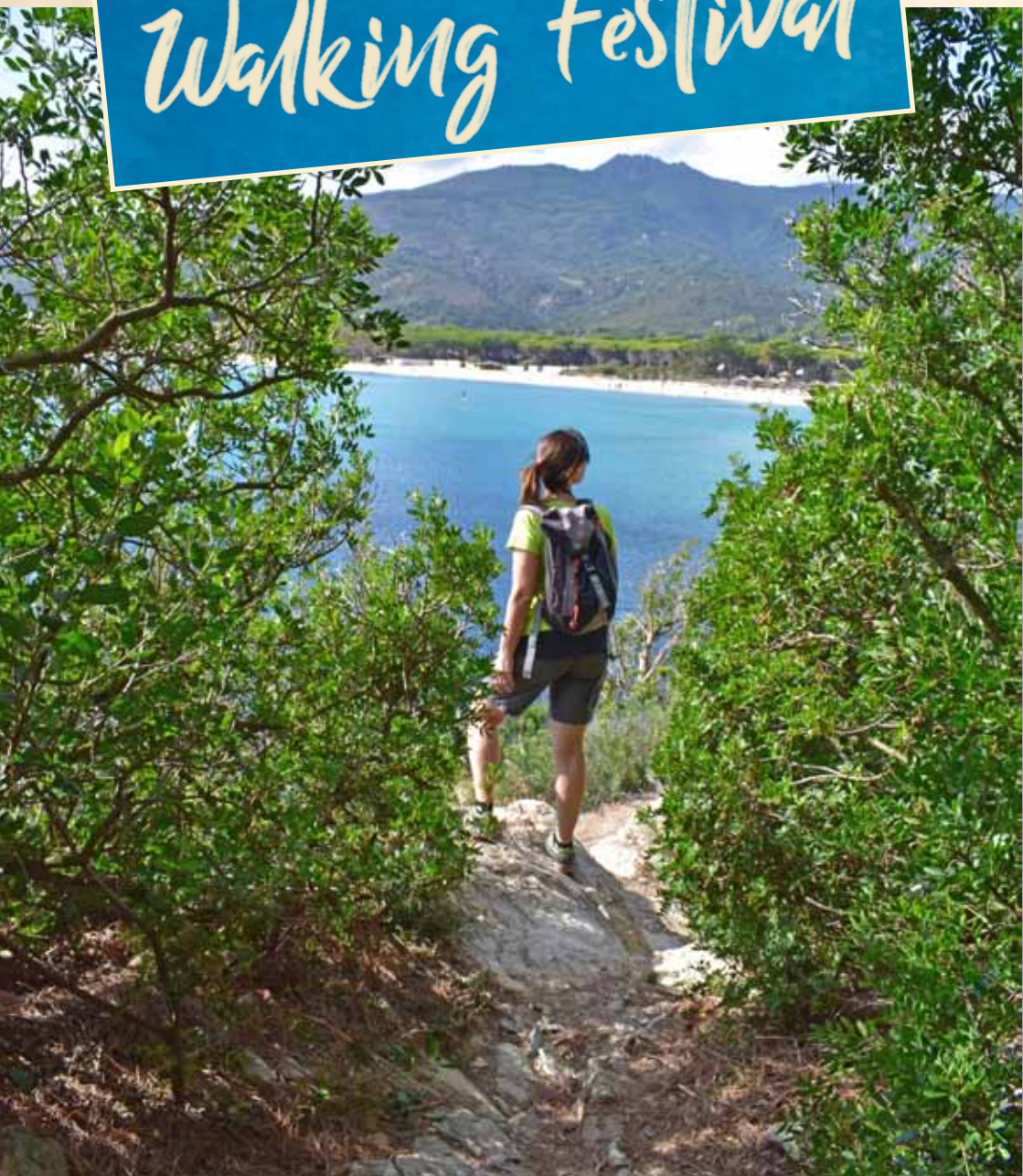
### **SUNDAY 14 MARCH**

#### **Digital event. Virgil's Bees: poetry and ethology**

Virgil's Georgics are considered one of the most perfect expressions of Latin poetry. However, their scientific content is always considered poor or second-hand. Reading parts of Book IV, the one dedicated to bees, from a biological standpoint reveals that Virgil was a keen observer or, as we would say today, an ethologist. Online conference by Paolo Fontana, President of World Biodiversity Association.

Elba and Pianosa

# Walking Festival





## Elba and Pianosa



### Spring walks and hikes to experience the Park at its best

#### **SATURDAY 20 MARCH**

##### **Elba Island. Km0 trekking - Rural roads and old cultivars**

Rural roads, old vineyards, dry stone walls, weirs and charcoal pits. A pleasant route where you can read the pages of Elba's rural history, with customs, traditions and amusing anecdotes. Along the way, a delicious break at the Fonte di Zeno farmhouse and visit of the Butterfly Garden with naturalist Leonardo Forbicioni. Appointment: 10 am at Moletto del Pesce in Marciana Marina - Duration: 6 hours - Difficulty: medium. Advance booking required, € 10.

#### **SUNDAY 21 MARCH**

##### **Elba Island. Spring Festival**

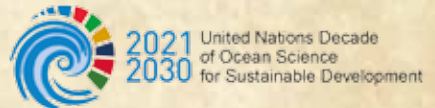
On the occasion of the **Spring Festival**, Legambiente Arcipelago Toscano will propose an event on migratory birds: extraordinary animals, capable of travelling thousands of kilometres to protect the future of their species, which find an important resting place on our islands. Guided tour of the Mola wetlands and workshop. Appointment: 3.30 pm Aula Verde Blu, loc. Mola - Duration: 3 hours – Advance booking required, free.

#### **SATURDAY 27 MARCH**

##### **Elba Island. Meditative walking on Lacona Beach**

On the occasion of the **Decade of Ocean Sciences** proclaimed by the UN (2021-2030), with Antonella Vitacca - Mindfulness Instructor - we experience the richness of the Blue Gym Effect, i.e. the proven benefits of physical activity carried out near marine areas. The event includes a meditative walk on the beach and seated meditation facing the sea, to enhance our connection with our "blue brother". Appointment: 11 am Lacona beach - Duration: 1h 30 min Difficulty: easy.

Advance booking required, free.



#### **SATURDAY 28 MARCH**

##### **Elba Island. Elba Taste workshops: agri-food products from the Island of Capraia**

The products of Capraia's nature: flowers, berries, ancient fruits and aromatic herbs of the Mediterranean scrub. Myrtle, lentisk, helichrysum, rosemary... skilfully picked and processed, they are made into liqueurs, jams, biscuits and add a Mediterranean flavour to dishes and drinks. Conference and tasting with Susanna Casini of Azienda Agricola Arura.

Appointment: 3.30 pm at the English Fort in Portoferraio - Duration: 2 hours – Advance booking required, € 5.

## Elba and Pianosa

### SUNDAY 28 MARCH

#### Elba Island. Grassera and the corsairs

Trekking excursion that, from the Hermitage of Santa Caterina, reaches San Quirico, la Torre and del Giove, retracing the sites of various incursions by the corsair Khayr al-Din, known as Barbarossa, which led to the tragic destruction of the village of Grassera, never rebuilt.

Appointment: 10 am Rio Elba, Casa del Parco - Duration: 4 hours - Difficulty: medium-easy. Advance booking required, free.

### SATURDAY 3 APRIL

#### Pianosa Island. Lucky... but not that lucky! Napoleon's bakery on Pianosa.

##### Animated tour of the village

An animated tour of the village set in 1821, the year of Napoleon's death. A real-life character from that period will accompany participants (the future settlers of the island) through the village that does not exist and is waiting to be inhabited again. The history and the curiosities of the time will be told with irony and lightness.

Appointment: 9.30 am Marina di Campo, holding a ticket for the Aquavision ferry - Duration: 1 hour and 30 minutes Difficulty: easy. Booking required, € 12. Concessions: € 8 for children 5-12 years old, free for children under 5.

### SATURDAY 3 APRIL

#### Elba Island. Etruscan gold

Guided visit of the village of Rio Elba, with entrance to the museums.

Appointment: 3 pm Rio Elba, Casa del Parco - Duration: 2 hours - Difficulty: easy. Free, booking required. Museum admission € 4.

### SUNDAY 4 APRIL

#### Elba Island. The village of Marciana and its museums

From Casa del Parco to discover the ancient village of Marciana. We interpret its history by walking through the narrow streets, entering the Fortezza Pisana and its numismatic and archaeological museums. A journey to explore the culture of Elba's most important town during the Middle Ages, with a look at the history of the entire island and of the pearls of the Archipelago. Appointment: 5 pm Marciana, Casa Parco - Duration: 3 hours - Difficulty: easy. Free, booking required.

### MONDAY 5 APRIL

#### Elba Island. Trekking on the promontory of Enfolà and visit to the Tonnara

A walk around Capo Enfolà, among beautiful cliffs overlooking the sea and views of the northern coast of the island, with important evidence of the Second World War. At the end of the excursion, visit to the Tonnara, viewing of an archive video on the ancient technique for fishing tuna, evidence of the link between territory and production in the Tuscan Islands MAB Reserve. Appointment: 4 pm Portoferraio, Capo Enfolà - Duration: 2 hours - Difficulty: easy. Advance booking required, free.

# Elba and Pianosa

## SATURDAY 10 APRIL

### Elba Island. With your nose to the sky

On the occasion of the **International Dark Sky Week**, an evening at Piazzale dell'Astronomia in San Piero to observe the magical sky and its constellations, expertly guided by astronomer Angelo Lello Tranchida.

Appointment: 9.30 pm Piazza di Chiesa in San Piero - Duration: 2 hours - Difficulty: easy. Please bring a torch. Advance booking required, free.

## SUNDAY 11 APRIL

### Elba Island. Cotaccia ring and the marinas

A ring-route that will allow us to explore one of the most characteristic stretches of the northwest coast. Small villages with sheer drops to the sea, old cultivated fields, granite rocks sculpted by erosion, a rugged terrain immersed in the colours and scents of the Mediterranean scrub. Along the way we will discover how the Monte Capanne granodiorite and the Sant'Andrea orthoclase were formed. Appointment: 9.30 am, Zanca - Duration: 5 hours - Difficulty: medium. Advance booking required, free.

## SATURDAY 17 APRIL

### Elba Island. km0 trekking - Piana alla Sughera and the megalithic tombs

A suggestive trek that will take us to Piana alla Sughera, which with its concentration of box tombs and menhirs is undoubtedly one of the most important sites of prehistoric Elba. A very important testimony of Elban megalithism, it can be traced back, by analogy with Corsica and Sardinia, to the Copper Age or the first centuries of the Bronze Age. At the end, a visit to Azienda Agricola Terre del Granito to taste their farm produce.

Appointment: 10 am Agricoop in Vallebuia. Duration: 5 hours - Difficulty: medium - Advance booking required, €10.

## SUNDAY 18 APRIL

### Elba Island. Villa delle Grotte with an archaeologist

Discover Villa delle Grotte accompanied by an expert archaeologist. Coastal route with a walk from the thermal basin, a small wetland of great naturalistic importance, to the site of the ancient Roman domus dating from the 1st century BC. In collaboration with Italia Nostra Arcipelago Toscano. Appointment: 3 pm Terme di San Giovanni in Portoferraio - Duration: 3 hours - Difficulty: easy - Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

## SATURDAY 24 APRIL

### Elba Island. Geo-experience: walking on the bed of an ancient ocean

On the occasion of **Earth Day** (22 April), an excursion to Volterraio accompanied by a geologist. Enjoy a splendid panoramic view and observe rocks that are the remnants of ancient ocean beds. Tour of the Fortress.

Appointment: 4 pm, Casermette car park in Volterraio. Duration: 3 hours. Difficulty: medium. Booking required. Cost € 20, see concessions on p. 32.

## Elba and Pianosa

### SUNDAY 25 APRIL

#### Elba Island. The amphibians of the Archipelago

On the occasion of the **International Day for the Protection of Frogs** (28 April), an easy loop hike with an expert herpetologist, through holm oak woods and Mediterranean maquis, crossing the lush Fosso della Cala, to talk about the amphibians living in the Archipelago and learn about the Natura 2000 network.

Meeting place: 10 am at Marciana Marina harbour - Duration: 4 hours

Difficulty: medium - Advance booking required, free.



### SATURDAY 1 MAY

#### Elba Island. Trekking - A glacial relic in the Pomonte Valley

Exploring the site where *Pancratium illyricum* grows in the Pomonte Valley, we follow a new ring-route which links the Pomonte Valley with the adjacent Poio Valley. Besides discovering the ancient millstones and cultivated fields, this path offers one of the most characteristic blooms of the Tuscan Archipelago, that of the mountain lily. Meeting: 4 pm, Pomonte, Piazza della Chiesa - Duration: 3 hours - Difficulty: medium-easy – Advance booking required, free

### SUNDAY 2 MAY

#### Elba Island. km0 trekking - Capo Stella promontory with cheese-tasting in a farm

A ring-route along the long, narrow point separating the two bays of Stella and Lacona, where you can admire the suggestive panorama, surrounded by the colours and scents of the Mediterranean scrub. At the end, we visit Azienda Agricola Regali Rurali for a little cheese-tasting. Appointment: 3 pm Lacona, CEA - Duration: 3 hours - Difficulty: easy – Advance booking required, € 10.

### SATURDAY 8 MAY

#### Elba Island. Walking and reading

Trekking in the eastern area of the island, with reading of passages from the ancient *Statuta Rivi*, a manuscript dating back to the 16th century that contains rules but also moral prescriptions governing daily life in the community of Rio. Appointment: 9 pm Rio Marina, Spiazzi - Duration: 2 hours - Difficulty: easy. Advance booking required, free.

### DOMENICA 9 MAGGIO

#### Elba Island. Geo-experience: the turbulent granite of Sant'Andrea

Accompanied by geologist Sergio Rocchi from the University of Pisa, a geological trek that winds its way at sea level along the cliffs between Sant'Andrea and Punta del Cotoncello (Marciana). The Monte Capanne granite, which forms the backbone of the western part of Elba, crops out here with large feldspar crystals and dark portions that bear witness to turbulent flows within the magma chamber. There is also slag from the working of Elban iron, which tells the story of its historical development from the Etruscan-Roman period to the 20th century. Appointment: 11 am, Sant'Andrea - Duration: 3 hours - Difficulty: easy. Booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

## Elba and Pianosa

### SATURDAY 15 MAY

#### Elba Island. Orienteering in the mine

With compass and map, discover the Monte Calamita mining area on the occasion of **World Orienteering Day** (11 May). This technique allows one to explore the area with awareness, promotes respect for the environment, and stimulates independence, resourcefulness and the recreational use of woodlands. At the end of the activity, guided tour of the Museo dell'Officina. Appointment: 10 am at Museo dell'Officina in Capoliveri, - Duration: 4 hours - Difficulty: easy – Advance booking required, free. Admission to the museum: € 2.50

### SUNDAY 16 MAY

#### Pianosa Island. Geo-experience: geological trekking “How did Pianosa originate?”

Guided by geologist Luca Foresi from the University of Siena, we will cross the island in a westerly direction, towards Golfo della Botte, where at the foot of an almost vertical cliff formed around 8 million years ago, we will discover how the island of Pianosa formed and its importance in the history of man in this area of the Mediterranean. On the way back, we will visit the Museum of Geological and Archaeological Sciences.

Appointment: 9.30 am Marina di Campo. You must have an Aquavision boarding ticket. Duration: 3 hours (excursion). Difficulty: medium. Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

### FRIDAY 21 MAY

#### Elba Island. Elba's donkey farm: once upon a time there was an island

Visit to the small museum “C'era una volta un'isola” (“Once upon a time there was an island”), a sensory approach to the donkey in its enclosure. Try driving a donkey through an olive grove. Excursion through the Mediterranean maquis to a magnificent holm-oak forest along a cool path. Advance booking required. € 20 adults, € 10 children 5-12 years old, free for children under 5. Two scheduled visits: 10 am and 4 pm at the Somareria in Marina di Campo - Duration: 3 hours

### Elba Island. European Natura 2000 Day - 21 May

The Natura 2000 network is a collection of areas established across Europe to protect threatened or endangered species and the environments in which they shelter, feed and reproduce. Approximately 2000 species and 230 different habitat types, rare and vulnerable, which represent outstanding examples of one or more of Europe's nine biogeographical regions. In these sites, those in charge act to protect nature and the human system, “taking into account economic, social and cultural needs as well as regional and local particularities”. All this is in accordance with two EU Directives: Habitats Directive 92/43/EEC and Birds Directive 79/409/EEC, repealed and replaced by Directive 2009/147/EC. The Tuscan Archipelago has also been included in this network, with the creation of 20 sites and the protection of over 300 km<sup>2</sup> on land and almost 5000 km<sup>2</sup> at sea. The system, while maintaining its own specificity, partly overlaps with the perimeter of the Tuscan Archipelago National Park which, through dedicated events, disseminates knowledge of the Network and the importance of its protective actions.





### Biodiversity Week

#### **SATURDAY 22 MAY**

##### **Elba Island. Visit the apiary**

On the occasion of **World Biodiversity Day**, accompanied by experts Leonardo Forbicioni and Roberto Ballini, we will explore the extraordinary world of bees, discovering their secrets through an educational observation hive, tasting different types of honey and simulating the collection of pollen. Appointment: 3 pm Rio nell'Elba, Orto dei Semplici - Duration: 3 hours - Difficulty: easy – Advance booking required. Admission € 4, free for children under 5.

#### **SUNDAY 23 MAY**

##### **Elba Island. Turtle day**

On the occasion of **World Turtle Day**, bilingual event on turtles dedicated to Italian and German children staying at the campsites in Lacona. Together with the Park Guide we will discover the characteristics of this species and create a “mock” nest on the beach, learning how to recognise and protect the real ones. Appointment: 3.30 pm CEA Lacona - Duration: 2 hours - Advance booking required, free.



#### **SATURDAY 29 MAY**

##### **Elba Island. European Parks Week - The mountains are dressed in yellow: the prunellas. Trekking in the western area**

Climbing up from the farm village of Colle d'Orano to Semaforo di Campo alle Serre, among the yellow broom and the purple violets, immersed in the scents of the Mediterranean scrub, with breathtaking views of the rest of the Archipelago and nearby Corsica. Appointment: 10 am Colle d'Orano - Duration: 5 hours - Difficulty: medium - Advance booking required, free.



#### **SATURDAY 29 MAY**

##### **Elba Island. European Parks Week - The scrub and coloured rocks of the east**

Immersed in landscapes of lush vegetation, we will climb the slopes of Monte Grosso, looking out over the eastern side of Elba to the promontory of Piombino, the Argentario, Capraia and Gorgona. Appointment: 10 am at the harbour in Cavo - Duration: 4 hours - Difficulty: medium - Advance booking required, free.

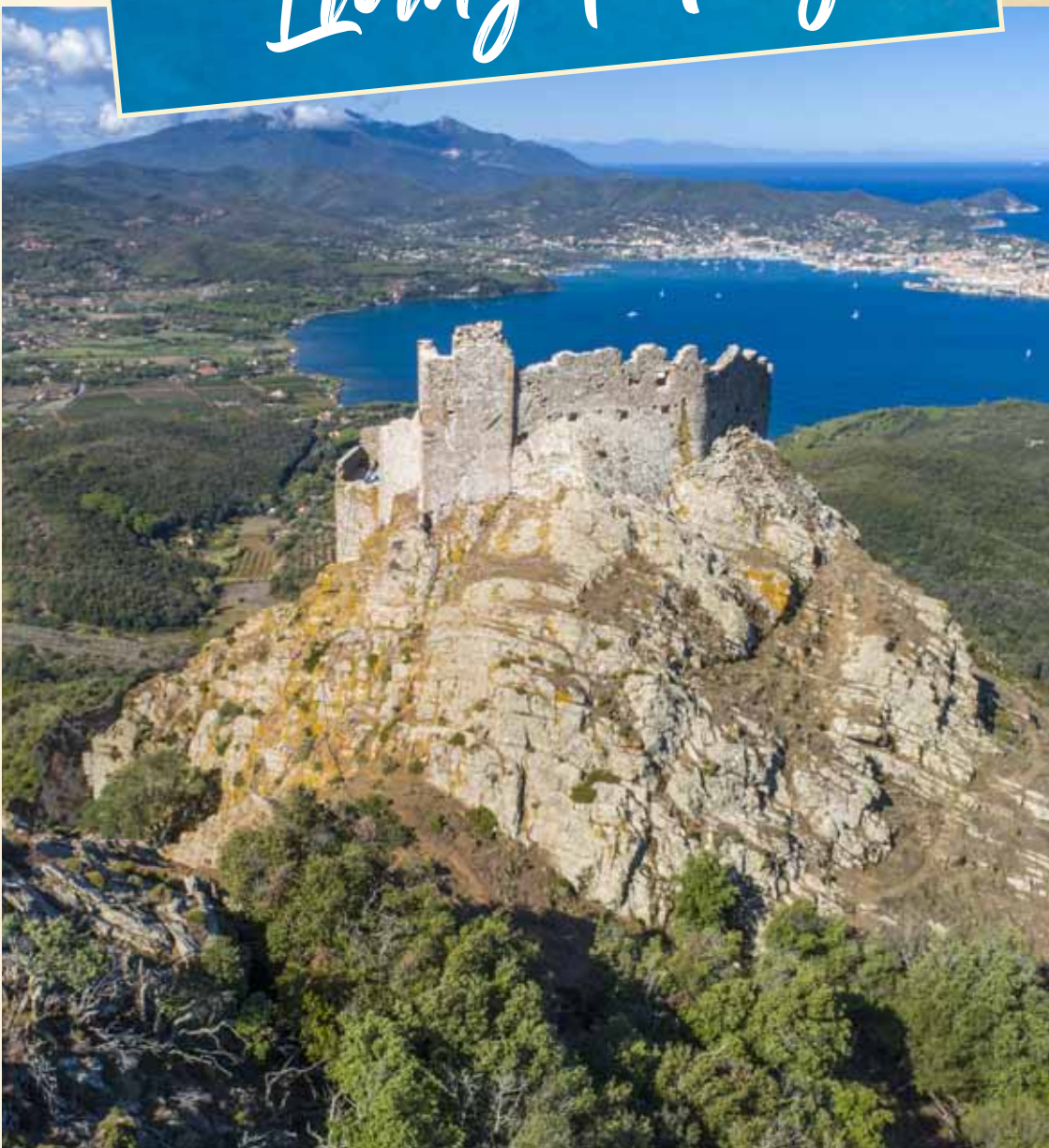
#### **SUNDAY 30 MAY**

##### **Elba Island. Clean beaches and seabeds**

Since it began in 2014, the Beach Litter survey has become one of the most important citizen science initiatives at the international level. Together with Legambiente, we will clean Mola beach and, with the help of Park Guides, the seabed of the area: the waste collected will be suitably surveyed and inventoried, with the aim of helping to expand the database of beach waste compiled by volunteers at the European level. Afterwards, a snack together. Appointment: 3 pm, Aula Verde Blu in the Mola locality - Duration: 2 hours – Advance booking required, free.

Elba and Pianosa

# Living History



## Elba and Pianosa - Live History



### Visit Volterraio: the most evocative site on the island

Restored by the Park Authority, the Volterraio Fortress, one of the islanders' favourite historical sites, is once again open to visitors. Thanks to its strategic and panoramic position, Volterraio is the most evocative, magical site on the island, especially at sunset. The fortress stands 395 metres above sea level, set in the rock from which it emerges as if by magic. The Etruscans chose to build the first lookout post here and, again in the Etruscan period, the hill was part of an intelligent and efficient system of fortified hilltop villages between which, it seems, people communicated by lighting fires. The structure took on its definitive plan at the end of the 13th century, when the Maritime Republic of Pisa decided to redevelop it. An impregnable fortress in the past, a suggestive terrace on Elba and the other islands of the Tuscan Archipelago today. The breathtaking view reveals the profile of the eastern ridge of Elba and, on the horizon, the slender silhouette of the Island of Pianosa and the austere outline of Montecristo. Before us is the central part of the island with its gentle hills, wide southern gulfs and the distinctive morphology of the Gulf of Portoferraio, with the imposing Monte Capanne massif in the background. Further to the right is the untamed Island of Capraia and, behind it, the snow-capped mountains of Corsica, with Capo Corso jutting out northward.

### Villa Romana delle Grotte and the Volterraio Fortress

Volterraio Fortress can be combined with a visit to Villa Romana delle Grotte (Roman Villa of the Caves), with a Park Guide and expert archaeologist for a complete historical immersion in the area of Portoferraio harbour. Villa Romana delle Grotte is one of the most important monuments in the Tuscan Archipelago, a large aristocratic residence built in the Augustan period (1st century BC). It stands on a promontory overlooking the Gulf of Portoferraio, dominating the entire stretch of sea between Piombino and the harbour of Portoferraio.

#### HOW TO VISIT

##### 1) Guided tour of Fortezza del Volterraio. Trekking and admission fee included

The departure time will be adjusted to the season and communicated at the time of booking. The excursion will take place with a minimum of 6 participants. Footwear suitable for rough terrain and, for afternoon excursions, lighting equipment such as headlamps or torches are required.

Tickets € 20. Concessions: € 10 for residents and over 65s; € 5 for residents over 65 and children aged 5-12. Free for resident students less than 19 years old. Minimum age 5.



# Elba and Pianosa - Live History

## **FEBRUARY**

Sunday 14, 28 (Appointment 10 am)  
Saturday 20 (Appointment 3 pm)

## **MARCH**

Saturday 6, 20 (Appointment 3 pm)  
Sunday 14, 28 (Appointment 10 am)

## **APRIL**

Saturday 3 (Appointment 4 pm)  
Sunday 11 (Appointment 10 am)

## **MAY**

Sunday 9, 23 (Appointment 10 am)  
Saturday 15, 29 (Appointment 5 pm)

## **JUNE**

Sunday 6 (Appointment 10 am)  
Saturday 12 (Appointment 6.30 pm)  
Wednesday 23, 30 (Appointment 6.30 pm)  
Thursday 24 (Appointment 6.30 pm)

## **JULY**

Wednesday 7, 14, 21, 28 (Appointment 6.30 pm)  
Thursday 1, 15, 22 (Appointment 6.30 pm)  
Saturday 3, 10, 24 (Appointment 6.30 pm)

## **AUGUST**

Wednesday 4, 11, 18, 25 (Appointment 6.30 pm)  
Thursday 5, 12, 19, 26 (Appointment 6.30 pm)  
Saturday 7, 14, 21, 28 (Appointment 6.30 pm)

## **SEPTEMBER**

Thursday 2, 9 (Appointment 6.30 pm)  
Saturday 4, 18 (Appointment 5 pm)

[prenotazioni.islepark.it/elba](http://prenotazioni.islepark.it/elba)

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## **2) Guided tour of Fortezza del Volterraio and Villa Romana delle Grotte.**

Trekking, admission and transfers included. Appointment at Info Park in Portoferraio, from here transfer by shuttle service and first stop to visit the Roman villa. The visit takes about 1 hour. Continue by shuttle bus to the start of the path leading to the Volterraio Fortress (the walk plus the tour inside the monument take about 2 h and 15 min). Minimum 6 participants. Tickets € 30. Concessions: € 20 for residents and over 65s; € 10 for residents over 65 and children 5-12 years old; free for resident students (up to 19 years old). Minimum age 5 years. The cost includes return transfer + admission fee + guide.

## **APRIL**

- Saturday 17 (Appointment 3 pm)

## **MAY**

- Saturday 1 (Appointment 3 pm)

## **JUNE**

- Wednesday 2 (Appointment 4 pm)

## **JULY**

- Wednesday 14 (Appointment 5 pm)  
- Thursday 29 (Appointment 5 pm)

## **SEPTEMBER**

- Wednesday 1 (Appointment 4 pm)  
- Wednesday 8 (Appointment 4 pm)

## **OCTOBER**

- Saturday 16 (Appointment 3 pm)

## **DECEMBER**

- Sunday 19 (Appointment 3 pm)

## Elba and Pianosa - Live History

**3) During the summer season, the Volterraio Fortress will observe the following opening days and hours; you can follow the trail to reach the entrance to the monument and visit it with a Park Guide. Tickets € 8. Concessions: € 4 children 5-12 years old, free for children under 5.**

### **JUNE (from 15 June)**

every Tuesday and Sunday from 5.30 pm to 8.30 pm  
every Friday from 8 am to 11am

### **JULY**

every Tuesday and Sunday from 5.30 pm to 8.30 pm  
every Friday from 8 am to 11 am

### **AUGUST**

every Tuesday and Sunday from 5.30 pm to 8.30 pm  
every Friday from 8 am to 11 am

### **SEPTEMBER (until 14 September)**

every Tuesday and Sunday from 5 pm to 8 pm  
every Friday from 9 am to 12 noon



## 1821-2021 The bicentenary of Napoleon's death

The bicentenary of Napoleon's death falls in 2021 and Elba Island, where he was exiled for almost ten months between May 1814 and February 1815, is preparing to commemorate this important anniversary. The municipalities of Elba, with the involvement of international associations such as the European Federation of Napoleonic Cities and La Route Napoléon Association, have planned a rich programme of events dedicated to the memory of the French general and politician. The National Park has also participated in the planning and has included special events in its 2021 calendar. The programme, which will run from April until the end of the year, includes initiatives ranging from in-depth studies to entertainment: theatrical performances, themed walks with costumed characters, conferences, book presentations, art exhibitions, documentary film screenings, and traditional period cooking courses. An occasion to highlight Napoleon's stay on the island and to deepen one's knowledge of the link between the great exile and our territory.





## The Fragrant Footpaths

Slow trekking to discover the history and the environmental, landscape and historical wonders of the smallest municipality in Tuscany and its surroundings. Appointment at the Pro Loco of Marciana Marina to sign the waiver form and discover the route, which changes every Sunday. The walks take place alternately in the morning and the afternoon. The organisers reserve the right to change times and programmes, which will be communicated through the media and on the initiative's Facebook page. Organisers: Legambiente, Acqua dell'Elba, Tuscan Archipelago National Park, Pro loco Marciana Marina.

### The programme of free excursions along the Marciana Marina Fragrant Footpaths

13 June	1 August
20 June	8 August
27 June	15 August
	22 August
4 July	29 August
11 July	
18 July	5 September
25 July	



**LEGAMBIENTE**



## **seif/ Sea Essence International Festival 2021**

### **Marciana Marina – Elba Island 2, 3, 4 July**

Sea Essence International Festival, now in its third edition, is the first international festival dedicated to safeguarding and promoting the sea and its essence in the sense of protection of its environment, biodiversity and species but also its beauty, history and contribution to cultural and social growth. Ultimately safeguarding and enhancing our human condition.

Our mission is to make people love the sea, because only through a passion as true and authentic as love does any goal, even a seemingly unattainable one, become possible. Our vision is to give the sea its rightful centrality, starting from a renewed economic, political and social commitment to work towards this end.

This is why we have come up with an event that ranges from reason to

emotion and that makes people think and dream at the same time.

It is a multi-faceted event, emphasising the profound nature of the sea's essence while keeping people, their dreams, virtues and hopes centre stage. All this is narrated via history, economics, the arts, anthropology, culture, politics, music, cinema and society in a multi-disciplinary approach as multi-faceted as the sea is.

The event - organised by Acqua dell'Elba with the sponsorship of Legambiente, Regione Toscana, Parco Nazionale Arcipelago Toscano, Comune di Marciana Marina, Università IULM and Accademia di Belle Arti in Brera – will be held in Marciana Marina, a historic seaside town in the heart of the Tuscan Archipelago, an excellent vantage point from which to study the sea and all things related.



## Event organization

The event, which will take place from Friday 2 to Sunday 4 July 2021, includes educational, recreational, artistic, scientific and outreach activities.

A typical day will be structured as follows:

- 10 am - 5 pm: vivi/seif/ - educational activities and play for children organised by Legambiente
- 6 pm - 8 pm: workshop/seif/ in-depth workshop on cultural, social and political issues and significant case histories.
- 9 pm - 11 pm: live/seif/ - thematic evenings.

## The themes of the third edition

In particular, this 2021 edition will deal with three macro-themes that will be addressed during the in-depth workshops:

- Friday 2 July. Legambiente and the Tuscan Archipelago National Park dedicate a day to current issues: from climate change to the management of marine protected areas.

- Saturday 3 July. Environment, society and economy, together for an integrated and careful management of sustainability. The First Sustainability Manifesto for Elba Island will be presented on this occasion.

- Sunday 4 July. The third evening will give space to emotion and beauty: the sea through music, art and culture.





## Villa Romana delle Grotte Foundation

The collaboration between Villa Romana delle Grotte Foundation and the Tuscan Archipelago National Park, which began in 2016, on the occasion of the reopening of the Villa to the public, is strengthened year after year with a series of initiatives aimed at enhancing the archaeological complex (1st century BC), in as much as cultural heritage within the area of the National Park. Once again, this year the Walking Festival programme will include excursions to the Villa Romana led by expert archaeologists and, in the spring, special workshops with an archaeologist, suitable for adults and children, which will allow participants to learn more about the Roman complex and the customs and lives of its inhabitants.

Workshops with an archaeologist on Saturdays in April and May, for adults and children.

- Villa delle Grotte with an archaeologist
- Crafts in Roman times
- A day as an archaeozoologist
- Tell me a story (reading of stories set in ancient Rome)
- Walking with Aurelia. Tales and indications of Roman domination
- Young craftsmen in action

Appointment (for all workshops): Villa Romana delle Grotte, Portoferraio, 3.30 pm - Duration: 2 hours. Booking required, € 3.





## The Elba Island Mining Park

The Mining Park, created in 1991 with the aim of converting areas degraded by iron mining and promoting the social and economic development of local communities, preserves a geological, mineralogical and historical mining heritage of inestimable value. A park within a park, that of the Tuscan Archipelago, to be explored on foot, by bicycle, or on board a small train for a historic adventure in a fascinating landscape, retracing the old railroads and the stories of the men who inhabited, loved and transformed the area.

A complete tour of the Mining Park includes two interesting museums.

- **The Rio Marina Mining Museum** is located in Palazzo del Burò, the historic headquarters of the mining management offices, at the centre of the village of Rio Maria, and covers an area of around 700 square metres. The first section of the museum is devoted entirely to the mineral collection, one of the most important on Elba Island, which includes samples of exceptional beauty. Visitors can then discover the geological history of Elba Island and its deposits, which were exploited from Etruscan times until 1981. The museum also holds some faithful reconstructions of the mine environments, including a small section of gallery, made by experts in industrial archaeology using the original material and work tools found in the former sites.

- **The Archaeological Museum of the Rio nell'Elba Mining District** focuses on the history of eastern Elba, a history largely linked to its extraordinary mineral resources, exploited from Protohistory to the contemporary period.

The Tuscan Archipelago National Park has signed an agreement with the Mining Park and the Municipality of Rio for the promotion of the Rio area, with particular reference to the network of trails and the enhancement of the geological and geo-mineral heritage. The collaboration will also include proposals for teaching activities and outreach at the Civic Archaeology Museum of the Rio nell'Elba Mining District, the creation of installations and the activities offered at the Mining Museum of Rio Marina, as well as new activities in sites of geological and geo-mineral interest within the Mining Park in Rio Marina.

For information <https://parcominelba.it>



Elba and Pianosa

E... State nel Parco

Summer in the Park





## Elba and Pianosa



### Summer in the park for everyone

Families, young people and children can explore the nature and history of the islands of the Tuscan Archipelago National Park through excursions, guided visits, educational workshops, conferences and citizen science programmes that enable them to find out about and experience the protected area's nature and culture.

### Summer in the Park Junior

For children aged 6 to 11: environmental education, games and workshops; activities linked to the marine ecosystem and the park's most interesting environments; animal and plant species, natural history, conservation and sustainability.

## Summer in the park for everyone

### WEDNESDAY 2 JUNE

#### Elba Island. Legambiente - Tuscan Archipelago Butterfly Festival

Legambiente Arcipelago Toscano, together with the Tuscan Archipelago National Park and the University of Florence, organises the traditional guided trek inside the "Ornella Casnati Butterfly Sanctuary".

Appointment: 10.30 am, Monte Perone picnic area - Duration: 4 hours - Difficulty: easy. Advance booking required, free.

### SATURDAY 5 JUNE

#### Elba Island. World Environment Day: the fascinating world of bats

Excursion at dusk along the Madonna del Monte trail with a bat expert. Who would think that bats are among the most important fauna of the small Mediterranean islands? Yet they are, and many of these often rare, unattractive and almost unknown flying mammals are listed on watch lists, precisely because they are vulnerable or endangered. During the night they weave fast trajectories in the sky in search of food, but during the day they rest in secluded places; our expert will reveal what secrets they hide and how we can protect them.

Appointment: 8.30 pm Casa Parco in Marciana  
Duration: 3 hours - Difficulty: easy. You must bring a headlamp or torch. Advance booking required, free.

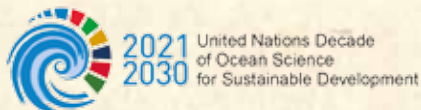




## TUESDAY 8 JUNE

### Elba Island. World Oceans Day: whale watching excursion

Discover the cetaceans that populate the sea around our islands: we will sail along the southeast coast of Elba, getting to know the Pelagos International Sanctuary for the protection of Marine Mammals, a marine area comprising the entire Park and that protects not only fin whales, sperm whales and dolphins, but also about 8,500 species of marine animals. Appointment: 10 am at the Mickey Mouse motorboat boarding area in Marina di Campo - Duration: 5 hours. Advance booking required, € 30, including lunch on board.



## SATURDAY 12 JUNE

### Elba Island. A sea of stars!

How many stars are there in the sky? How far away are they? How do you orient yourself at night? Where is the North Star? Let's find out together with the Elban Astrophiles, in a special event dedicated to children. We will observe the starry sky with the naked eye and with telescopes to find the most beautiful constellations, clusters, nebulae and all that the June sky has to offer. Appointment: 9.30 pm at the CEA in Lacona - Duration: 2 hours. Advance booking required, free.

## SUNDAY 13 JUNE

### Elba Island. Walking in the Parks

On the occasion of the ninth edition of "In cammino nei Parchi" (Walking in the Parks), CAI and Federparchi propose an event for the pleasure of walking freely. We will walk along the coastal trail that starts from Viticcio, enters Punta Penisola and then descends to the small village of Forno and, through Scaglieri and Biodola, reaches Procchio. Amidst sandy bays and shady holm oak woods, we will talk about the sea, tuna fishing and the ancient uses of the woods, and then find time for a dip! Appointment: 10 am in Viticcio - Duration: 4 hours - Difficulty: easy. Advance booking required, free.



## WEDNESDAY 16 JUNE

### Watch out for the turtle!

Event organised by Legambiente Arcipelago Toscano to find out how loggerhead sea turtles nest on our coasts. Inauguration of the beach monitoring season for the discovery and protection of possible nests, and theoretical-practical course on how to recognize tracks, open to the general public. Appointment: 3.30 p.m. Aula Verde Blu, Mola locality - Duration: 2 hours. Advance booking required, free.

# Elba and Pianosa

## WEDNESDAY 23 JUNE

### Elba Island. The magical night of San Giovanni

Citizen science and a walk during the evening of San Giovanni: on this traditionally significant evening, the Park Guide will help us get to know and collect special medicinal plants, describing the magical rituals connected with the use of these ancient natural remedies.

Appointment: 5.30 pm Casa Parco in Marciana - Duration: 2 hours - Difficulty: easy. Advance booking required, free.

## SATURDAY 26 JUNE

### Elba Island. Geo-experience: rocks, faults and minerals, the real protagonists of Elba Island

A journey through the processes responsible for the geological peculiarities of eastern Elba, characterised by a wide variety of rocks and by the well-known iron minerals that have made this island famous throughout the Mediterranean. A walk in the company of geologist Andrea Brogi (the University of Bari) along the shores of Barbarossa Bay will allow visitors to retrace the geological processes that took place in the earth's crust around 7-5 million years ago and that have shaped the geological and mining framework of this sector of the island.

Appointment: 5 pm at Barbarossa Beach in Porto Azzurro - Duration: 3 hours - Difficulty: easy. Advance booking required. Tickets € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

## THURSDAY 1 JULY

### Elba Island. km0 trekking - The Verdemare path with tasting in an agritourism

A fascinating, pleasant walk along the north-eastern coast which, among serpentines, jaspers, limestones and clays, will allow us to better understand the geological evolution of Elba Island and the historical frequentations of these places for the existing geological richness. Stop for a swim during the trek and final aperitif with tastes of typical Elban cuisine at Ristoro dell'Amandolo.

Appointment: 4 pm in Cavo, Ristoro dell'Amandolo - Duration: 4 hours - Difficulty: medium. Advance booking required, €10.

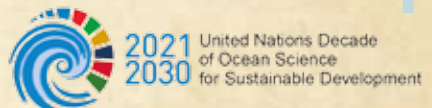
## SUNDAY 4 JULY

### Elba Island. The sea, a non-renewable heritage

Leaving the village of Marina di Campo, we will reach the small bay of Galenzana to enjoy some wonderful snorkelling. The wealth of seagrass, shells and fish will provide an opportunity to talk about the importance of our sea and its resources. Return to Marina di Campo in the late afternoon: taking advantage of returning fishing boats, we will meet with the fishermen to talk about the sea, fishing and the catch. "The link between man and the sea is one of the oldest, but also one of the most fragile", as one fisherman puts it.

Appointment: 2.50 pm Piazza da Verrazzano in Marina di Campo - Duration: 4 hours - Difficulty: easy. Advance booking required, €8.

Minimum age 12.





### **THURSDAY 8 JULY**

#### **Elba Island. Moonless evening at Volterraio with the Elban Astrophiles**

A double appointment for an unforgettable evening of history, science and myth. We will go up to the Fortress to enjoy the wonderful view of the sunset over Portoferraio harbour. We'll visit the monument together with the Park Guides and, once the sun goes down, we'll start to orient ourselves among the stars, the constellations and their myths. An unmissable event for amateur astronomers and photographers. An evening with no moon, under one of the darkest skies in Italy. Appointment: 8.30 pm at Le Casermette car park, Strada per il Volterraio - Duration: 2 hours and 30 min - Difficulty: medium - Hiking shoes and lighting equipment such as headlamps and torches are compulsory - Advance booking required, € 20 (concessions: see page 32).

### **SATURDAY 10 JULY**

#### **Elba Island. The exploitation of the soil, iron ore, techniques, means of transport**

Meeting - conference at the Casa Parco in Rio Elba. Appointment: 6 pm at Casa del Parco in Rio Elba - Duration: 2 hours – Advance booking required, free.

### **THURSDAY 15 JULY**

#### **Elba Island. Elba Book Festival**

Creative workshop for children as part of the event "Elba Book Festival of independent publishers". Appointment: 5 pm at Casa del Parco in Rio Elba - Duration: 2 hours - Advance booking required, free.

### **SATURDAY 17 JULY**

#### **Elba Island. Mariona at Volterraio. Animated trek**

Accompanied by a Park Guide who, for the occasion, takes on the role of a commoner from the 1500s, we will climb up to the Fortress: a real historical-naturalistic trek which will provide notions of botany, geology and anecdotes taken from the historical archives, proposed with scientific rigour but skilfully lightened by an ironic vein. Appointment: 5.30 pm, Le Casermette car park, Strada per il Volterraio - Duration: 3 hours - Difficulty: medium. Booking required, €30. See concessions on page 33. Hiking shoes mandatory.

### THURSDAY 22 JULY

#### **Elba Island. 25th anniversary of the foundation of the Tuscan Archipelago National Park**

On the occasion of the anniversary of the creation of the Tuscan Archipelago National Park, which took place on 22 July 1996, an event open to all citizens to document the actions developed by the park management over the years, discover future projects and enhance, through a moment of celebration, the role of the Park to protect the “natural, scientific, aesthetic, cultural, educational and recreational values” of our region. A surprise and surprising event to celebrate the extraordinary nature of the Tuscan archipelago through a performance in which the protagonists will be the sounds, colours, environments and history of the seven islands that make up the National Park and that have earned these seven “pearls” prestigious international recognition.

### SATURDAY 24 JULY

#### **Elba Island. Silent moonlit walk**

We will walk in Marciana through the chestnut wood and along the mountainside, surrounded by sounds and scents, to enjoy the relaxing atmosphere of a magical night with a full moon. Appointment: 9 pm at Casa del Parco in Marciana - Duration: 3 hours - Difficulty: medium - easy. Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

### THURSDAY 3 AUGUST

#### **Elba Island. The Capo Stella promontory**

A ring-route along the long, narrow point separating the two large bays of Stella and Lacona allows you to admire, surrounded by the colours and scents of the Mediterranean scrub, a magnificent panorama: glimpses of the coast of Golfo Stella with its enchanting bays and beaches, from Margidore to Lido, and the western coast of Calamita with Capoliveri and the Gemini Islands. Appointment: 5 pm at Margidore Beach - Duration: 2 hours 30 minutes - Difficulty: easy - Advance booking required, € 8.

### SATURDAY 7 AUGUST

#### **Elba Island. Under a surprising sky of stars**

Night hike to Sassi Ritti, an important testimony of Elban megalithism for its concentration of menhirs, where in collaboration with the Macinelle Circle and the San Piero Astrophile Association, we will read together the map of the sky, focusing on the Summer Triangle that dominates the sky at this time of year. Appointment: 9 pm in Piazza di Chiesa in San Piero - Duration: 3 hours - Difficulty: medium-easy. You must bring lighting such as headlamps or torches - Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

### SUNDAY 15 AUGUST

#### **Elba Island. On a terrace among the stars**

The August sky through telescopes provided by the Associazione Astrofili Elbani (Elba's

## Elba and Pianosa

Astrophile Association): once the streetlamps are switched off, from the terrace of the Casa Parco in Marciana, we will peer closely at Jupiter's bands and Saturn's rings, at the details of the brightest nebulae and at the incalculable number of celestial bodies within a dense cluster of stars. An evening enriched by science and mythology, in the splendid setting of one of the most characteristic villages on Elba Island. Appointment: 9 pm at Casa del Parco in Marciana - Duration: 2 hours - € 8. Concessions: € 4 for children 5-12 years old, free for children under 5. Advance booking required.

### **SATURDAY 21 AUGUST**

#### **Elba Island. Km0 trekking – Lake Terranera - Azienda Agricola il Lentisco**

A fascinating trek of geological interest due to the wealth of minerals along the route. We will encounter signs of the old mine, from the installations to the old loading docks, until we reach Lake Terranera, a small basin of mining origin right next to the sea. During the walk, a well-deserved break at Il Lentisco farm to taste its produce and discover the secrets of oil and honey production. Appointment: 5.30 pm Porto Azzurro, Barbarossa Beach - Duration: 4 hours - Difficulty: medium-easy - Advance booking required, €10.

### **MONDAY 23 AUGUST**

#### **Elba Island. Mariona at Volterraio. Animated trek**

Accompanied by a Park Guide who, for the occasion, takes on the role of a commoner from the 1500s, we will climb up to the Fortress: a real historical-naturalistic trek which will provide notions of botany, geology and anecdotes taken from the historical archives, proposed with scientific rigour but skilfully lightened by the ironic touch of the performer. Meeting: 5.30 pm, Le Casermette car park, Strada per il Volterraio - Duration: 3 hours - Difficulty: medium. Booking required, €30. See concessions on page 33. Hiking shoes mandatory.

### **WEDNESDAY 25 AUGUST**

#### **Elba Island. The MUM Jokes**

The activity includes an explanation the MUM museum's wall graphics: the rock cycle, the successful volcano and the aborted one, experiments and practical tests to recognise rocks and minerals and understand their use in our daily lives. It will conclude with a visit to the collections and a film on the history of granite extraction and processing. Appointment: 5 pm at the MUM museum in San Piero, - Duration: 2 hours - Advance booking required - Museum admission € 4.50, concessions € 2.50.

### **SATURDAY 28 AUGUST**

#### **Elba Island. Star night**

An evening of stargazing and night sky watching with the Associazione Astrofili Elbana (Elba's Astrophile Association). A moonless evening during which we will look closely at Jupiter's bands and Saturn's rings and the details of the brightest nebulae, under one of the darkest skies in Italy. Appointment: 9 pm at Aia di Cacio Locality, Rio Elba - Duration: 3 hours - Difficulty: easy - Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

# Elba and Pianosa

## WEDNESDAY 1 SEPTEMBER

### Elba Island. Napoleonic trekking on the bicentenary of Napoleon's death

A walk towards Madonna del Monte where the Emperor met with the Countess Maria Walewska and their son Alexander, albeit for only 52 hours. During the trek we will retrace the happy moments of the meeting, which took place under the shade of the chestnut trees, at the foot of the Sanctuary of Madonna del Monte. Along the way, we'll meet costumed actors who will allow us to relive the historical moment intensely. In collaboration with Compagnia dei Tappezzieri. Appointment: 5 pm at Casa del Parco in Marciana - Duration 3 hours - Difficulty: medium - easy. Advance booking required, € 20. Concessions: € 10 for children 5-12 years old, free for children under 5.

## FRIDAY 3 SEPTEMBER

### Elba Island. Elba's donkey farm: once upon a time there was an island

Visit to the small museum "C'era una volta un'isola" ("Once upon a time there was an island"), a sensory approach to the donkey in its enclosure, try driving a donkey through an olive grove. Excursion through the Mediterranean maquis to a magnificent holm-oak forest along a cool path. Advance booking required. € 20 adults, € 10 children 5-12 years old, free for children under 5. Two scheduled visits: 10 am and 5 pm Marina di Campo, Somareria - Duration: 3 hours

## SATURDAY 4 SEPTEMBER

### Elba Island. Discovering the Mining Park

The Red Lake. In collaboration with the Elba Island Mining Park, an itinerary to discover the coloured rocks that preserve a variety of iron minerals. Starting from Rio Albano, we will reach the Cantiere delle Conche to admire the small red lake and then climb up towards the Valle Giove mine quarry, where in the shade of the holm oaks you can enjoy a splendid view of the Piombino Channel and the islands of Palmioli and Cerboli. Appointment: 5 pm at the Mining Park Museum in Rio Marina, with accompanying car - Duration 4 hours - Difficulty: medium. Advance booking required, € 8. Concessions: € 4 children 5-12 years old, free for children under 5. Mining Museum entrance fee: € 2.50.

## Summer in the park: Junior

### Activities for children on Elba Island

Dates and beaches - Wednesdays and Fridays – from 9.30 am to 11.30 am

16 June - Enfolà

18 June - Campo all'Aia

23 June - La Foce

25 June - Pomonte

30 June - Innamorata

2 July - Patresi

7 July - La Fenicia

9 July - Chiessi

14 July - Cala Seregola

16 July - Sant'Andrea

21 July - Barbarossa

23 July - Patresi

28 July - Le Prade

30 July - Pomonte

4 August - Seccheto

6 August - Patresi

11 August - Straccoligno

13 August - Chiessi

18 August - Il Bagno

20 August - Sant'Andrea

25 August - Nisportino

27 August - Patresi

1 September - Reale

3 September - Pomonte

8 September - Le Ghiàie

10 September - Campo all'Aia

Elba and Pianosa

# Walking Festival

Autumn Walking Festival





## Elba and Pianosa

**9-11 SEPTEMBER**



### **Third International Conference on Tourmaline**

The Natural History Museum of Milan - Mineralogy Section, in collaboration with the Italian Society of Mineralogy and Petrology, the University of Florence and the Italian National Research Council (CNR) in Pisa, is organising in Portoferraio, at the De Laugier Cultural Centre, with the patronage of the Municipality of Portoferraio and the Tuscan Archipelago National Park, the third International Conference on Tourmaline. The conference, which is part of the broad programme of celebrations dedicated to the Elban intellectual Raffaello Foresi, is reserved for registered participants. To register and for any information, please consult the website: [www.tur2021.com](http://www.tur2021.com).



### **SATURDAY 11 SEPTEMBER**

**Pianosa Island. Lucky... but not that lucky! Napoleon's bakery on Pianosa.** An animated tour of the village set in 1821, the year of Napoleon's death. A real-life character from that period will accompany participants (the future settlers of the island) through the village that does not exist and is waiting to be inhabited once again. The history and curiosities of the time will be told with irony and lightness. Appointment: 9.30 am Marina di Campo. You must have a ticket for the Aquavision ferry - Duration: 1 hour and 30 minutes Difficulty: easy. Booking required, € 12. Concessions: € 8 for children 5-12 years old, free for children under 5.

### **SUNDAY 12 SEPTEMBER**

#### **Elba Island. Trekking km0. Granite and goat sheds**

Starting in San Piero, after a visit to the village, we reach the Moncione Mill, no longer in use since 1910, but of which the millpond, the penstock and the rooms for milling grain are still clearly visible. Scattered along the route are rough-hewn rocks and semi-finished boulders, evidence of this rock's use since ancient times. On the way back, a refreshing snack at the Caprile Pastorizia Elbana, where the young shepherd Daniele Mattera will tell us about his activity, his bond with the region and the ancient traditions. Meeting: 10 am at the MUM in San Piero - Duration: 5 hours - Difficulty: medium-easy. Advance booking required, € 10.

## Elba and Pianosa

### SATURDAY 18 SEPTEMBER

#### **Pianosa Island. Geo experience: Pianosa, the island that wasn't there**

Excursion to Cala del Bruciato during which, accompanied by geologist Luca Foresi from the University of Siena, it will be possible to explore the geological past of the island, among fossils and evidence of the past, and understand why the colours of Pianosa remind us of those of a Caribbean island. Appointment: 9.30 am at the Aquavison boarding point in Marina di Campo: you must have a ferry ticket - Duration: 3 hours (excursion) - Difficulty: medium – Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

### SUNDAY 19 SEPTEMBER

#### **Elba Island. A walk around the bay**

On the occasion of **World Car-Free Day** (22 September), a slow walk for the entire family, from the San Giovanni thermal basin to Villa delle Grotte, a luxurious Roman residence dating from the 1st century BC. In collaboration with Italia Nostra Archipelago Toscana. Appoint.: 3 pm at Terme San Giovanni, Portoferraio - Duration: 4 hours - Difficulty: easy - Advance booking required, € 8. Concess.: € 4 for children 5-12 years old, free for children under 5.

### FRIDAY 24 SEPTEMBER

#### **Elba Island. Whale watching excursion**

Discover the cetaceans that populate the sea around our islands: we will sail along the southeast coast of Elba, getting to know the Pelagos International Sanctuary for Marine Mammals, a marine area comprising the entire Park, and which protects not only fin whales, sperm whales and dolphins, but also about 8,500 species of marine animals. Appointment: 10 am Mickey Mouse motorboat boarding area in Marina di Campo - Duration: 5 hours. Advance booking required, € 30, including lunch on board.

### SATURDAY 25 SEPTEMBER

#### **Elba Island. Geo-experience: walking on the bed of an ancient ocean**

Excursion to Volterraio accompanied by a geologist. Enjoy a splendid panoramic view and observe rocks that are the remnants of ancient ocean beds that have now disappeared. Tour of the fortress. Appointment: 4 pm at the Casermette car park in Volterraio, - Duration: 3 hours. Difficulty: medium. Booking required. Cost € 20, see concessions on page 31.

### SATURDAY 2 OCTOBER

#### **Elba Island. Lizards, geckos and snakes: these unknown friends**

Trekking along the Vallaccia di Pomonte Path to get to know the Natura 2000 network. Amongst rocks, trunks and shrubs or on dry stone walls, the expert will help us recognise small animals: lizards and geckos, which in some parts of the Archipelago take on very different colours and which regulate their body temperature in the sun. This is also the habitat of some harmless snakes; although we may not be able to observe them, our expert will teach us how to identify and protect them. Appointment 10 am Piazza di Chiesa in Pomonte. Duration: 5 hours - Difficulty: demanding.



# Elba and Pianosa

## SUNDAY 3 OCTOBER

### Elba Island. Getting to know Mola

Event organized by Legambiente Arcipelago Toscano and open to all citizens and that tomorrow, October 4, on the occasion of **World Animal Day** will be extended to schools that wish to participate. Together with Legambiente volunteers and experts, we will discover the Mola Wetlands, learn about the projects that the National Park is carrying out there, and try to spot some of the animals that live or stop in this important protected area.

Appointment: 3 pm in the Aula Verde Blu, Mola locality - Duration 2 hours - Difficulty: easy. Advance booking required, free.

## Planet Earth Week

3 - 10 October 2021



## SATURDAY 9 OCTOBER

### Elba Island. Geo-experience: Making stones talk

Mini geology workshop for children. What does a geologist do, and what instruments does he use? How did the rocks I can see around me originate, and when? Observing samples and consulting maps, with games, drawings and riddles, children will discover the fascinating world of geology accompanied by Giulio Colombo, a geologist from Elba. At the end, participants will receive a certificate of attendance.

Appointment: 3.30 pm at the CEA (Centre for Environmental Education) in Lacona - Duration: 2 hours – Advance booking required, free.

### Elba Island. Geo-experience: tour of the MUM and Grotta d'Oggi

On the occasion of Planet Earth Week, visit to the Luigi Celleri Mineralogical Museum and its beautiful collection of pegmatites. This will be followed by a short excursion to one of the most important mineralogical sites in the area, Grotta d'Oggi, an archaeo-mineralogical journey to discover the men and places that made San Piero's minerals famous throughout the world. Appointment: 2 pm San Piero, MUM - Duration: 4 hours - Difficulty: media - Advance booking required. Museum admission fee: € 4.50, concessions € 2.50.

## SUNDAY 10 OCTOBER

### Elba Island. Geo-experience: The wind, a great rock builder

Coastal trekking near Madonna delle Grazie in Capoliveri, accompanied by geologists Maurizio D'Orefice and Roberto Graciotti - ISPRA, we will observe interesting sand deposits produced by the wind that form very special shapes; we shall read them to understand their formation processes and their close link with past climatic conditions. Along the way, the rocks, and above all their shapes, up to the current beach deposits, will tell the story.

Appointment: 11 am at Madonna delle Grazie, Capoliveri - Duration: 4 hours - Difficulty: medium-easy. Advance booking required, free.

## Elba and Pianosa

### **SATURDAY 16 OCTOBER**

#### **Elba Island. Rediscovered trades: walking among the ancient chestnut trees**

A circular trek starting from the small farming village of Patresi. We walk through the scrub and chestnut woods, up the Bollero valley to Serraventosa. Immersed in the scents of helichrysum and lavender, we will arrive at the sanctuary of the Madonna del Monte and descend along the 113, through a wood of scrub vegetation and chestnut trees with boulders and panoramic views, finally arriving in Zanca to close the loop.

Appointment: 10 am at Hotel Belmare, Patresi - Duration: 6 hours - Difficulty: demanding - Advance booking required, free.

### **SUNDAY 17 OCTOBER**

#### **Elba Island. Hidden treasures: Tonietti Mausoleum and urban architecture**

An easy walk from the seafront in Cavo to the Tonietti Mausoleum, a funerary chapel built at the beginning of the 1900s, considered by many to be the most significant work on Elba by the architect Adolfo Coppedè, master of the Italian Art Nouveau style.

Appointment: 10 am, Cavo Seafront - Duration: 3 hours - Difficulty: medium. Advance booking required, free.

### **SATURDAY 23 OCTOBER**

#### **Elba Island. Walking with donkeys along Via dei Rosmarini**

Starting from the Somareria dell'Elba, we will walk along a coastal trail once used by farmers to reach the cultivated fields near Ischia, used during the Second World War to patrol the coast from Marina di Campo to Lacona. Advance booking required. Adults pay € 20, children 5-12 years old € 10, free for children under 5. Appointment: 11.00 am at Somareria dell'Elba in Marina di Campo. Duration: 5 hours. Difficulty: medium-easy.

### **SUNDAY 24 OCTOBER**

#### **Elba Island. Chestnut Festival in Marciana**

On the occasion of the Chestnut Festival, workshops for children and families to discover the flora and fauna of the western side of the island.

Appointment: Casa del Parco in Marciana, 10 am and 3 pm. Duration: 2 hours. Advance booking required, free.

### **SATURDAY 31 OCTOBER**

#### **Elba Island. Chestnut festival at Poggio**

Trek to San Cerbone The excursion begins slightly uphill in the shade of the chestnut trees on the carriageable mule track that leads to the Hermitage of Saint Cerbonius, built in 575 in honour of the saint. The grotto where the saint lived is located near the hermitage and can be visited. Appointment: 10 am Piazza del Castagneto, Poggio. Duration: 3 hours. Difficulty: medium/easy. Advance booking required, free..

## Elba and Pianosa

### SUNDAY 1 NOVEMBER

#### Elba Island. Towards Monte Serra

A walk towards Monte Serra, to discover old quarries and sites where iron was forged. During the walk, magnifying glass in hand, we will analyse the extraordinary rocks found in this area, to discover their characteristics and properties.

Appointment: 2 pm at Casa del Parco in Rio nell'Elba, with accompanying car. Duration: 3 hours. Difficulty: medium. Advance booking required, free.



Avenza Maps

Download the free application on the Avenza maps platform to view the official maps of **Elba** and **Pianosa**



Elba



Pianosa

# Winter in the Park

## Workshops and activities

### SUNDAY 5 DECEMBER

#### World Soil Day. Conference with World Biodiversity Association (WBA) experts

On the occasion of World Soil Day, we reflect on the importance of protecting the Earth's soil, a reservoir comprising about a quarter of global biodiversity. Appointment: 3.30 pm at the Forte Inglese in Portoferraio - Duration: 2 hours. Advance booking required, free.

### SATURDAY 11 DECEMBER

#### Elba Island. Km0 trekking. The south coast of the island

A pleasant coastal trek among the small coves on the south coast. Very popular in summer, these coves now delight with their intense colours, from the gold of the sands to the crystal blue of their waters and the green of the Mediterranean scrub surrounding the sandy shores. At the end of the trek, a tasty visit to the ElbaMagna confectionary to learn about the island's ancient sweetmeats and Christmas traditions. Appointment: 10 am Lido di Capoliveri, ElbaMagna - Duration: 3 hours - Difficulty: easy. Booking required € 5.

Elba and Pianosa

Pianosa



## Excursions to Pianosa

Daily excursions along the indicated itineraries accompanied by an authorised guide only. Access to the village and Cala Giovanna beach is free. Pets are not allowed except in the village area, on a leash (see p. 59). Excursions are scheduled every day from 15 March to 31 October:



### SNORKELLING

Flippers, mask and snorkel are required to observe marine flora and fauna along a highly biodiverse coastline. Designed for small groups of visitors who will be able to admire an intact marine environment as only a protected area can be. Duration: 1 hour 30 minutes (about 50 minutes in the water). Length: approx. 1 km. €15. Minimum age 14 years. Minors must be accompanied by at least one parent or responsible adult. Authorisation and liability waiver required for minors.



### VISIT THE VILLAGE

A walk through the enchanting village of Pianosa to learn about the history and habits of the communities who lived here, in a historical journey that goes from the Stone Age to the nineteenth-century settlements, with a visit to the fascinating ancient cellars. Duration: 1 hour and 30 minutes. € 5, free for children under 5.



### TOUR OF THE VILLAGE, THE CATACOMBS AND THE MUSEUM

The village of Pianosa, inhabited until the prison was closed down (1997), represents the historical memory of the island; marked by the presence of the long reinforced concrete wall (built by General Carlo Alberto Dalla Chiesa in 1970) that cuts the island in two: the inhabited area and the former prison area. The visit allows you to discover, in addition to the evocative and spectacular early Christian catacomb complex (4th century AD), the history of the most beautiful and ancient buildings: Forte Teglia from the Napoleonic era, the Specola palace, the premises of the former prison management (which today house the photographic exhibition "Pianosa as it was" run by the Association for the Defence of Pianosa Island) the crenelated walls around the old port, marked by domes, arches, bifora, the Agronomist's house, and the many buildings once lived in by the resident population; the itinerary also includes a visit to the Museum of Geological and Archaeological Sciences where the real treasures of Pianosa, samples of rocks, fossils and archaeological finds, are shown where they were found, thanks to a permanent exhibition. Duration: 2 hours. € 15; € 8 for children 5-12 years old, free for children under 5.



### HORSE AND CARRIAGE TOUR

A slow, gentle way to discover the nature, beauty and fascination of the island. The excursion crosses the branches of the former prison and the Orti di Pianosa, with some stops to admire the panorama. € 20 adults, € 14 for children 5 - 12 years old, free for children under 5. Duration: 1 hour 30 minutes.

## Elba and Pianosa



### NATURE TREKKING

Easy trek in the southeast area of the island. A ring-route, partially in the shade, which allows you to observe the old prison structures, the island's natural features and discover its geological and archaeological history. Duration: 2 hours Closed shoes or hiking sandals required, € 10. Concessions: € 5 for children 5 - 12 years old, free for children under 5.



### GUIDED BUS TOURS

Comfortably seated in a bus, travel along the lonely dirt roads of Pianosa to discover its nature and ancient agricultural and prison history. Duration: 1 hour 15 minutes. € 20 adults, € 14 for children 5 - 12 years old, free for children under 5.



### SEA KAYAK

Kayak (sit on top), along the east coast of the island, starting from Cala Giovanna beach. An extraordinary opportunity to navigate in the waters of the protected area, along the island's spectacular coastline and cliffs. Duration: 2 hours. € 25. Minimum age 14 years. Authorisation and liability waiver required for minors, who must be accompanied by a responsible adult. Safety equipment must be worn.



### MOUNTAIN BIKE

On flat roads and paths to the Marchese branch, in the far north of the island, for a view of the splendid Porto Romano bay; then along the cliffs of the west coast and to the penal colony branches. Duration: 2 hours. Length: 11 km. € 15. Minimum age 12 (no children in a child seat). Authorisation and liability waiver required for minors, who must be accompanied by a responsible adult. Helmet and appropriate footwear must be worn.



### DAWN AND DUSK

Erekking, mountain bike and kayak excursions at dawn and dusk for those staying overnight on the island.

## ANIMATED TOUR OF THE VILLAGE

**Pianosa Island. Lucky... but not that lucky! Napoleon's bakery on Pianosa.** An animated tour of the village set in 1821, the year of Napoleon's death. A real-life character from that period will accompany participants (the future settlers of the island) through the village that does not exist and is waiting to be inhabited again. The history and curiosities of the time will be told with irony and lightness. Duration: 1 hour and 30 minutes Difficulty: easy. Booking required, € 12 (including admission to the catacombs). Concessions: € 8 for children 5-12 years old, free for children under 5.

13 and 27 June - 3 pm  
2 July - dawn and dusk  
9 July - dawn and dusk

11 and 25 July - 3 pm  
8 and 22 August - 3 pm



# Immersions at Pianosa



The National Park provides a number of mooring buoys in the protected sea area to allow diving and the sustainable use of underwater routes. Diving is permitted and may be booked only by contacting one of the authorised diving centres, a list of which can be found at the following link:

[www.islepark.it/visitare-il-parco/pianosa/itinerari/immersioni](http://www.islepark.it/visitare-il-parco/pianosa/itinerari/immersioni).

For information Info Park 0565 908231

## How to reach the islands

### How to reach the Elba Island

From the port of Piombino (LI), connected to the national rail network, there are daily ferries to Elba Island; these are more numerous in summer. It takes one hour to reach Portoferraio, the main port to the north of the island, and less to reach the towns of Cavo and Rio Marina to the east. There are also direct flights from the airport in the La Pila locality (Campo nell'Elba) connecting to Pisa and Florence. To get around on land by public transport, contact CTT Nord tel. 0565 882602 ([www.cttnord.it](http://www.cttnord.it)) for information on bus routes and timetables. There are also taxis and private minibuses. For information on ferry links to Elba Island contact: Toremar tel. 0565 960131, Moby Lines tel. 0565 914133, Corsica Ferries tel. 199 400 500 or Blue Navy tel. 0565 269710.

### How to reach the Island of Pianosa

#### Daily maritime connection - Aquavision ferry line

There is a daily ferry link to Pianosa with departures from Elba Island (Marina di Campo) and in high season also from Piombino, departure: 8.30 am - return: 7.30 pm.

**Marina di Campo - Pianosa:** departure: 10 am (arrival: 10.45 am)

**Pianosa - Marina di Campo:** departure: 5 pm (arrival: 5.45 pm)

Appointment and ticket collection in Marina di Campo 30/45 minutes before departure (Info point, Piazza dei Granatieri, Marina di Campo).

Acquavision Ticket office tel. 0565 976022

**On Tuesday there is a Toremar ferry service** departing from Piombino and calling at Rio Marina. Outbound: Piombino 8.20 am - Rio Marina 9.20 am - Pianosa 11.10 am

Return: Pianosa 2.10 pm - Rio Marina 4 pm - Piombino 5.10 pm

Rio Marina ticket office tel. 0565 960131

[prenotazioni.islepark.it/elba](http://prenotazioni.islepark.it/elba) - [prenotazioni.islepark.it/pianosa](http://prenotazioni.islepark.it/pianosa)

# Pianosa





The town of Pianosa



- 1** Info Park - Info point

**2** Museo delle Scienze  
*Science museum*

**3** Catacombe / *Catacombs*
- 4** Ristorante - Bar  
*Restaurant - Bar*

**5** Hotel Milena

**6** Casa dell'Agronomo  
*The Agronomist House*

**7** Forte Teglia  
*Teglia Fort*

**8** Mostra fotografica  
*Ass.ne Difesa di Pianosa*  
*Photo exhibition*  
*Pianosa Defense Association*
- 9** Imbarchi molo Teglia  
*Ferry boarding pier*

**10** Bagno di Agrippa  
*Bath of Agrippa*

**11** Spiaggia di Cala Giovanna  
*Cala Giovanna beach*

**12** Muro Dalla Chiesa  
*Dalla Chiesa wall*

**13** Area consentita ai cani  
*Area allowed for dogs*

# le Isole di Toscana



Marciana



Sede del Parco



Elba



Orto  
dei Semplici  
Elbano

CEA  
Centro di Studi e Ricerche Ambientali

Rio nell'Elba

Info Park

FORTE INGLESE  
PORTOFERRAIO  
NAT-LAB

Info Park

FORTEZZA di  
VOLTERRAIO



Zona umida di Mola

CEA  
Centro di Studi e Ricerche Ambientali

Lacona

Info Park

Live the Park

# Montecristo



## Montecristo

### Treasure Island: let the Park help you discover a treasure trove of biodiversity

Montecristo is a State Nature Reserve within the National Park. Visits to the island are restricted and made possible thanks to an agreement between the National Park and the Carabinieri's Biodiversity Department in Follonica. Excursions can be booked directly online at [prenotazioni.islepark.it/montecristo](http://prenotazioni.islepark.it/montecristo)

#### How to reach the island

Thanks to the connections provided by the Park, you can reach the island for the daily excursions starting from the port indicated, according to the calendar on pages 64 and 65.

#### Excursions with National Park guides

Daily excursions are along the itineraries indicated exclusively in the presence of an authorised guide. Visitors are advised to come equipped with water and a packed lunch. Suitable shoes are obligatory: trekking boots with grip soles and ankle support as well as comfortable clothing suitable for the trip's activities. Those without suitable shoes may be refused admission, at the discretion of the park guides. Swimming is forbidden at all times. Excursion costs €120 (€60 Tuscan Archipelago residents, 100 places available) including return ferry, protected area entrance ticket, park guide service. Excursions with a longer stay on the island are planned for 18 and 25 September. Cost € 135.

Minimum age: 12. In the event of bad weather alternative dates will be offered.



**A Cala Maestra - Belvedere – Villa Reale**

Length: 2,031 m - Difficulty: medium - Duration: 2 hours

**B Cala Maestra – Monastero – Villa Reale**

Length: 3,110 m - Difficulty: hard - Duration: 3 hours

**C Cala Maestra - Villa Reale – EcoMuseo**

Length: 2,000 m - Difficulty: easy - Duration: 2 hours

#### CASA DEI PESCATORI

In the context of Life Projects, the building called Casa dei Pescatori has been renovated for use as a visitors' and information centre under forest patrol (Carabinieri Forestali) supervision.

[prenotazioni.islepark.it/montecristo](http://prenotazioni.islepark.it/montecristo)

# Montecristo

Access (disembarking and museum visit) by private boat is regulated and managed by the Carabinieri's Biodiversity Department in Follonica. Tel. 0566 40673.



## Montecristo visit timetable

Saturday 13 March  
departing from PIOMBINO  
calling at Porto Azzurro

Sunday 14 March  
departing from PIOMBINO  
calling at Porto Azzurro

Saturday 20 March  
departing from PIOMBINO  
calling at Porto Azzurro

Sunday 21 March  
departing from PIOMBINO  
calling at Porto Azzurro

Saturday 27 March  
departing from PIOMBINO  
calling at Porto Azzurro

Sunday 28 March  
departing from PIOMBINO  
calling at Porto Azzurro

Saturday 3 April  
departing from PIOMBINO  
calling at Porto Azzurro

Sunday 4 April  
departing from PIOMBINO  
calling at Porto Azzurro

Saturday 10 April  
departing from PIOMBINO  
calling at Porto Azzurro

Sunday 11 April  
departing from PIOMBINO  
calling at Porto Azzurro

Saturday 15 May  
departing from PIOMBINO  
calling at Porto Azzurro

Sunday 16 May  
departing from PIOMBINO  
calling at Porto Azzurro

Saturday 22 May  
departing from PIOMBINO  
calling at Porto Azzurro

Sunday 23 May  
departing from PIOMBINO  
calling at Porto Azzurro

Saturday 29 May  
departing from PIOMBINO  
calling at Porto Azzurro

Sunday 30 May  
departing from PIOMBINO  
calling at Porto Azzurro



## Montecristo

calling at Porto Azzurro

Saturday 5 June  
departing from PIOMBINO  
calling at Porto Azzurro

Friday 10 September  
departing from PORTO SANTO  
STEFANO, calling at Giglio  
Porto

Saturday 18 September  
departing from PIOMBINO  
calling at Porto Azzurro

Sunday 6 June  
departing from PIOMBINO  
calling at Porto Azzurro

Saturday 11 September  
departing from PIOMBINO  
calling at Porto Azzurro

Sunday 19 September  
departing from PIOMBINO  
calling at Porto Azzurro

Friday 18 June  
departing from PORTO  
SANTO STEFANO, calling at  
Giglio Porto

Sunday 12 September  
departing from PIOMBINO

Saturday 25 September  
departing from PIOMBINO  
calling at Porto Azzurro



Avenza Maps

Download the free application on the Avenza  
maps platform to view the official maps of  
**Montecristo**



Live the Park

# Gorgona



# Gorgona

## With the Park on the Forbidden Island

Gorgona is part of the National Park and the site of a prison. There is a cap on the number of visitors, which are permitted thanks to an agreement between the Park Authority and the Prison Administration. You can book directly online at: [prenotazioni.islepark.it/gorgona/](http://prenotazioni.islepark.it/gorgona/)

### How to reach the island

There is a Toremar ferry service from Livorno.

For information on costs, scheduled visits and reservations call Info Park: Tel. 0565 908231

### Guided excursions

Cost €45 (full rate), €35 (children aged 5 to 12), free for children under 5. Costs include round-trip ferry, protected area admission ticket, park guide service. The trek starts from the Belvedere terrace, reaches Torre Nuova (which is of Medici origin and is located in the upper part of the town, protecting the port) using the dirt roads built by the Penitentiary Administration. You reach Punta Paratella, where you can stop for a break with a magnificent view of Cala Maestra. You then reach the island's small historic cemetery and Rocca Vecchia, the oldest fortification on the island, dating from the period of the Republic of Pisa.

Partly shaded hiking route. Length: 6 km - Altitude gain/loss: 250 m - Duration: 3 hours - Difficulty: medium - easy.

#### March

Saturday 20  
Saturday 27

#### April

Saturday 3  
Saturday 10  
Saturday 17  
Saturday 24

#### May

Saturday 1  
Saturday 8  
Saturday 15  
Saturday 22  
Saturday 29

#### June

Saturday 5

#### July

Saturday 10

#### August

Saturday 28

#### September

Saturday 4  
Saturday 11  
Saturday 18  
Saturday 25

#### October

Saturday 2  
Saturday 9

[prenotazioni.islepark.it/gorgona](http://prenotazioni.islepark.it/gorgona)



Avenza Maps

Download the free application on the Avenza maps platform to view the official maps of **Gorgona**





Live the Park

# Capraia



**LA SALATA” ENVIRONMENTAL EDUCATION CENTRE**  
Information Point of the Tuscan Observatory for Biodiversity

The new information centre located in the tourist port provides all the information needed to enjoy the island's breathtaking beauty. It houses a tourist information point - run in collaboration with the National Park, the Capraia Isola Municipality and the Pro Loco - which is also an Environmental Education Centre dedicated to learning about Capraia. Multimedia displays, including virtual reality and interactive applications, make it possible to relive the geological development of the Tuscan Archipelago and in particular the volcanic apparatus from which the island of Capraia formed, as well as the various opportunities for enjoyment through the local trail network. A specific exhibition is dedicated to the International “Pelagos” Sanctuary for Marine Mammals with images of its extraordinary inhabitants, in-depth information on marine fauna and information on the Tuscan Observatory for Biodiversity. The interactive environment allows visitors to enjoy a series of multimedia experiences providing emotions and knowledge: the scenographic walls, animated by a number of monitors; the diffusion of the sounds of nature; the multimedia contents accessed through tablets provided by the centre; the virtual reality viewers. Lastly, the courtyard houses three splendid life-size models of a common bottlenose dolphin, a common dolphin and a stenella. Excursions with a Park Guide to explore the trails, geological and archaeological treasures and the island's extraordinary marine protected area can be booked here (Tel. 320 9606560). Free admission.

**From 3 April to 31 May:**

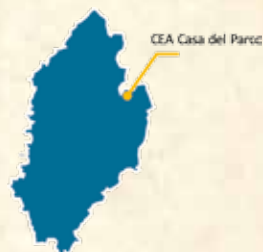
Friday, Saturday and Sunday  
9.30 am -12 noon / 5.30 pm - 7 pm

**From 1 June to 15 September**

Monday 9 am - 1 pm / 3.30 pm - 7.30 pm  
Tuesday 9 am - 1 pm / 3.30 pm - 7.30 pm / 9.30 pm - 11 pm  
Wednesday 9 am - 1 pm / 3.30 pm - 7.30 pm / 9.30 pm - 11 pm  
Thursday 9 am - 1 pm / 3.30 pm - 7.30 pm / 9.30 pm - 11 pm  
Friday 9 am -1 pm / 3.30 pm - 7.30 pm  
Saturday 9 am - 1 pm / 3.30 pm - 7.30 pm  
Sunday 9 am -1 pm / 3.30 pm - 7.30 pm

**From 15 September to 1 November**

Friday, Saturday and Sunday  
9.30 am -12 noon / 5.30 pm - 7 pm



## **PALMENTI**

The Municipality of Capraia, under the scientific supervision of the Soprintendenza Archeologia, Belle Arti e Paesaggio (Superintendency for Archaeology, Fine Arts and Landscape Heritage) for the provinces of Pisa and Livorno and thanks to funding from the INTERREG ISOS-Sustainable Islands project implemented by the National Park, has set up a cultural itinerary for rediscovering the island's ancient agricultural traditions, with the possibility of visiting ancient "palmenti": vats dug out of the rock for wine production, in which the grapes were pressed to obtain their juice, probably used from the 16th century onwards. In addition to the three wine presses already open to visitors, Forte San Giorgio, San Leonardo and Segalaio, recent excavations have led to the addition of others located in Il Piano, which can be accessed from a special path with explanatory panels.

## **ARCHAEOLOGICAL EXHIBITION - THE RETURN OF THE WARRIOR**

The Church of St. Anthony houses the exhibition 'The Return of the Warrior', which displays a series of important archaeological finds from the island and its surrounding waters. Among these, the most striking ones come from so-called Tomb 13, discovered close to the eastern side of the Church of Santa Maria Assunta during the 1983 archaeological digs: in addition to a series of medieval and modern burials, a late antique tomb dating back to the 5th century AD was discovered. The remains of the skeleton and the grave goods allow us to attribute the burial to a soldier of probably non-autochthonous origin, perhaps a Frank from Avitus's imperial army, who died during the battle of Corsica in AD 456.

The exhibition is part of a wider framework of interventions - implemented by the Municipality of Capraia, in collaboration with the Tuscan Archipelago National Park, under the scientific supervision of the Soprintendenza Archeologia, Belle Arti e Paesaggio (Superintendency for Archaeology, Fine Arts and Landscape Heritage) for the provinces of Pisa and Livorno - which aim to enhance the historical and archaeological heritage of the island of Capraia. Admission € 3.

## **THE MONK SEAL**

Sightings of marine mammals such as dolphins, fin whales and sperm whales are frequent around Capraia, which is part of the Pelagos International Sanctuary for Marine Mammals. After an absence of decades, the monk seal was sighted along the island's coasts. This species is endemic to the Mediterranean and the adjacent Atlantic waters, where it survives in breeding groups of a few hundred individuals concentrated in the southernmost areas of the Mediterranean Sea and along the Atlantic coasts of the Sahara and the Island of Madeira. The Tuscan Archipelago National Park organises special boat trips along the island's coasts to discover Capraia's marine fauna. If you are navigating with your own boat, pay attention to a few simple rules so as not to disturb the monk seal or other animals and consult the map to find out in which areas you can navigate freely.

[www.parcoarcipelago.info/wp-content/uploads/2020/12/capraia-avviso-natanti-fronteretro.pdf](http://www.parcoarcipelago.info/wp-content/uploads/2020/12/capraia-avviso-natanti-fronteretro.pdf)

## THE BLUE MILE

Swimming, snorkelling, swimtrekking in an extraordinary natural pool. Capraia's Miglio Blu (Blue Mile) is a freely accessible corridor reserved for safe swimming, within which navigating, anchoring and mooring are prohibited. It is a long strip in front of the town of Capraia, from Grotta sotto la Torre to Torretta al Bagno, both accessible from land. The corridor is 1100 m long and 25 m wide and is bordered by 22 buoys. If navigated both ways, it is possible to swim for over a nautical mile.

## PRO LOCO ISOLA DI CAPRAIA – EVENTI 2021



**Capraia, Scoglio DiVino.** Festival of island and Tuscan wines with tasting of typical dishes and local produce.

**Sagra dei sapori delle terre di mare** (Festival of the flavours of the islands). The theme for 2021 will be fish in barrels: anchovies, sardines, salt cod & co. With preparation and tasting of typical dishes and products.

**Oltremare Blue Night.** One Thursday night in July and one in August on the island: nights of partying, music, midnight bathing and spaghetti.

**Festival "Muovasi la Capraia"** (Capraia Moves) between dreams and the sea. Two weeks of music, theatre, cinema and literature. In the evocative setting of the Church of Sant'Antonio, the 17th century Cloister and Convent and the Torre del Porto, evenings of music, book presentations and events organised by the Capraia Library. Cinema under the stars and theatrical performances.

**Festival celebrating Our Lady of the Assumption.** Traditional religious festival with a procession at sea, fireworks, Palio Marinaro Isolano.

**FinEstate in festa.** Stands where the island's restaurants offer fish dishes and local food and wine products will be the setting for a dance and light show on the water, a swimming competition and water polo tournament.

**Capraia OktoberTotanoFest.** Festival of craft beers with tasting of typical dishes and local produce.

**Sagra del Totano** (Squid Festival). A well-established event that attracts thousands of tourists every year, the Capraia Squid Festival comprises two main events: a Squid Fishing Competition and the Festival itself, with stands representing the island's restaurants.

## How to reach the Island of Capraia

The island of Capraia can be reached all year round in about 2 hours and 45 minutes by boat from the port of Livorno. To visit the island, you don't need to ferry the car across, as the only 800-metre road is served by bus, and there are restrictions during peak tourist periods. The ferry company for Capraia is Toremar, tel. 0586 896113.



Avenza Maps

Download the free application on the Avenza maps platform to view the official maps of **Capraia**





Capraia

# Walking Festival



## SPRING WALKING FESTIVAL

### SUNDAY 4 APRIL

#### Capraia, the island of the Palmenti. Excursion to the archaeological area of Tigghielle

The Mediterranean region is traditionally known for its wine production. Archaeological finds tell of sites and production techniques that characterised the daily life of local communities. A visit to the CEA La Salata will introduce the guided itinerary that will lead from the port to 'Le Tigghielle' to discover evidence of the volcanic island's vocation for the production of wine.

Appointment: 2.45 pm CEA La Salata (harbour) - Duration 2 hours 30 minutes - Difficulty: easy - Advance booking required, free.



### MONDAY 5 APRIL

#### Easter Monday freedom in the former prison: excursion with lunch break at a farmhouse

An appointment to spend 'Easter Monday' in an original way, with an excursion to the former penal colony and a tasty lunch at the Valle di Portovecchio Agritourism. Pianosa, Gorgona, Capraia and even Montecristo have been home to agricultural penal colonies. What was their function? How were they organised? What was their relationship with the territory? During the beautiful walk through the former agricultural penal colony of Capraia we will discover this important page in the island's history. A stop for lunch at the Valle di Portovecchio farmhouse will allow us to meet Rossana and Massimo, who have transformed one of the most curious structures of the former colony, and to taste the delicious local produce they serve.

Appointment: 11.30 am at CEA La Salata (harbour) - Duration: 2 hours 30 minutes - Difficulty: Easy - Booking required, € 25.

## SUNDAY 25 APRIL

### **In search of lizards and tree frogs among the rocks and small ponds of Capraia**

A tiny green frog leaps towards a pool of water, revealing its presence: this is the Tyrrhenian tree frog that lives on Capraia, camouflaged among the vegetation and waiting for small prey. Adapted to damp microhabitats, it is the only amphibian living on the island. But among the rocks and trunks of the shrubs, on the dry-stone walls, the expert points out other small animals: lizards, which in some parts of the Archipelago take on very different colours and regulate their body temperature in the sun. With a bit of luck, an elusive and rare gecko, the European leaf-toed gecko, can be observed. Excursion to the Stagnone to learn about the Natura 2000 network.

Appointment: 11.30 am at CEA La Salata (harbour) - Duration: 5 hours

Difficulty: medium – Free, booking required.

## SUNDAY 2 MAY

### **Invasive alien species: a threat to our biodiversity, let's fight them together!**

These are not strange living beings from outer space, but animals or plants that move with us to places far away and different from where they normally live. Some of these organisms are so comfortable in their new surroundings that they start to reproduce and grow, taking resources and space away from other native species; they may even kill them as their prey. But the damaging effects are often not limited to disrupting the natural balance, they also affect human activities, causing serious damage to the economy and sometimes to public health. The bodies responsible for protecting nature now invest many of their resources in combating the expansion of these species, but everyone can contribute with small daily gestures and awareness. By taking part in this initiative, you can help the experts working on the subject by tracking down dangerous intruders. From the port to the village along the 'Roman' road, to San Rocco and Bellavista, to learn about the Natura 2000 network.

Appointment: 11.30 am at CEA La Salata (harbour) - Duration: 3 hours - Difficulty: Medium-easy - Advance booking required, free.

## SUNDAY 16 MAY

### **Habitats and flora, a great value for this small island in the Mediterranean**

In spring, the island is coloured in a thousand shades and the scent of the cliffs, garrigue and scrubland accompanies us on our walk. With the expert at your side, you can recognise the characteristics of the most important and protected habitats in Europe, as well as the dozens of endemic and rare species of flora that grow on the island. It will be easier to become aware of the dangers to which they are exposed. Excursion to the Stagnone to learn about the Natura 2000 network.

Appointment: 11.30 am at CEA La Salata (harbour) - Duration: 4 hours 30 minutes.

Difficulty: medium – Advance booking required, free.



## TUESDAY 1 JUNE

### The bats of Capraia Island, a walk with an expert to learn about their habits

Who would think that bats are among the most important fauna of the small Mediterranean islands? Yet they are, and many of these often rare, unattractive and almost unknown flying mammals are listed on watch lists, precisely because they are vulnerable or in danger of extinction. During the night they weave fast trajectories through the sky in search of food, while during the day they rest in secluded places. Our expert will tell us what secrets they hide and how we can protect them. Sunset excursion to the former penal colony to learn about the Natura 2000 network.

Appointment: 6.30 pm at CEA La Salata (harbour) - Duration: 2 hours 30 minutes.

Difficulty: easy - Advance booking required, free.



## WEDNESDAY 2 JUNE

### The Reganico trail

Capraia is the only volcanic island in the Tuscan Archipelago. A beautiful hike along the Reganico trail, with an introductory stop at the CEA La Salata. The circular route will take us from the port to San Rocco, where we will observe the use of natural rock as a building material in the so-called 'old quarry'. The route will continue through the Reganico Valley, where we can observe how the volcanic magma solidified and was then modified by atmospheric agents, taking on different curious shapes. A detour to Cala dello Zurletto to admire the spectacular volcanic colours, folds, intrusions and the effects of marine erosion that characterise the island.

Appointment: 9.45 am CEA La Salata (harbour) - Duration: 3 hours - Difficulty: easy - Advance booking required, free.



Capraia

E... State nel Parco

Summer in the Park

### **SUMMER IN THE PARK FOR EVERYONE**

Families, young people and children can explore the nature and history of the islands of the Tuscan Archipelago National Park through excursions, guided visits, educational workshops, conferences and citizen science programmes that enable them to find out about and experience the protected area's nature and culture.

### **SUMMER IN THE PARK JUNIOR**

For children aged 6 to 11: environmental education, games and workshops; activities linked to the marine ecosystem and the park's most interesting environments; animal and plant species, natural history, conservation and sustainability.

## Every Monday in summer, seawatching in the park

MONDAYS IN THE PARK

### Tour of the island by boat with observation of marine fauna

Dolphins, minke whales and sperm whales are among the marine mammals that populate the “Pelagos” International Sanctuary for Marine Mammals around Capraia. After an absence of decades, in 2020 the monk seal was sighted along the island’s coasts. This species is endemic to the Mediterranean and the adjacent Atlantic waters, where it survives in breeding groups of a few hundred individuals concentrated in the southernmost areas of the Mediterranean Sea and along the Atlantic coasts of the Sahara and the Island of Madeira. Cruising along the island’s coastline, you will also have exciting encounters with fascinating winged creatures, such as the magnificent osprey, the friendly European shag, the elegant and rare Audouin gull and the legendary Scopoli shearwater and Mediterranean shearwater. The boat trip around the island with a Park Guide will allow you to discover the sea’s wonderful inhabitants, learn how to recognise them and help monitor their exceptional presence, as well as enjoy a dip in the sparkling Capraia waters. Binoculars for sighting provided by the Park Authority.

Appointment: 5 pm at CEA La Salata (harbour) - Duration: 2 hours – Advance booking required, € 30 full price. Concessions: € 20 for children 5-12 years old, € 10 for children under 5.

## During the summer, Tuesdays are dedicated to two activities....

TUESDAYS IN THE PARK

### An unforgettable island: sunrise excursion with a swim in the crystal-clear waters of Capraia

Experiencing the dawn and sunrise on Capraia after a night walk among the island’s scents and under the starry sky is an exciting and unique experience. From Bellavista to Monte Campanile, from Patello to the Penal Colony, we’ll discover some of the most beautiful sites from which to enjoy the spectacle of the dawning of a new day. In silence, we’ll enjoy every moment of sunrise, and then dive into the crystal-clear waters of Capri’s marvellous coves for an unforgettable complete immersion in the island’s nature.

Appointment: time varies according to sunrise, Piazza Milano (in town) - Duration: 3 hours 30 minutes - Difficulty: medium-easy. Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

### For children: every Tuesday we explore a sea of wonders together

The Capraia sea is extraordinarily rich in organisms. What do they look like? How do they live? How do they move, feed and defend themselves? Scouring the rocks with a dip in the shallow, crystal-clear waters, we will discover marine life together: the meaning of colours, the importance of shapes, habits, curiosities and how we should behave to protect this wonderful underwater world. Appointment: 10.45 am at Torre del Porto - the Harbour Tower (in town) - Duration: 1 hour 30 minutes - Difficulty: easy - free

# Capraia

## WEDNESDAYS IN THE PARK

**On Wednesdays the Park offers a wide range of activities, from a geological or naturalistic boat tours to trekking with food tasting in local farms.**

**Geogiro: boat tour of the island and 'enter' into the ancient volcano**

**16 AND 30 JUNE; 14 AND 28 JULY; 11 AND 25 AUGUST**

Capraia is the only volcanic island in the Tuscan Archipelago: emerging from the waves of the Mediterranean, it clearly expresses its volcanic nature. Latites, ignimbrites, pyroclastites, trachybasalts, faults, folds, dykes... navigating around the island we'll discover the meaning of terms and definitions, the geological and morphological characteristics of the island and its natural wonders, such as the exciting 'entrance' to the (extinct) volcano of Cala Rossa... and a dip in the wonderful waters of the island! Appointment: 10 am at CEA La Salata (harbour) - Duration: 2 hours and 30 minutes - Advance booking required, € 30. Concessions: € 20 for children 5-12 years old, € 10 for children under 5.

**Seawatching: boat tour of the island observing marine life**

**23 JUNE, 7 AND 21 JULY, 4 AND 18 AUGUST, 8 SEPTEMBER**

Appointment: 10 am CEA La Salata (porto) - Duration: 2 hours - Advance booking required, € 30. Concessions: € 20 for children 5-12 years old, € 10 for children under 5.

**Km0 trek. What plant is this? Properties, uses and flavours of the Mediterranean maquis - Azienda Agricola Arura**

**14 JULY, 11 AUGUST, 1 SEPTEMBER**

Myrtle, lentisk, helichrysum, rosemary... these are just a few of the most characteristic botanical species on the island of Capraia, where the tradition of popular medicinal, veterinary and dietary uses of plant species, naturally favoured by the isolation of the area, was guarded especially by women. Culinary recipes, but also remedies based on observational skills, knowledge of tradition and, with the passage of time, even experimentation. An evocative and easy hike will introduce us to the island's variety of flora, and with Susanna, the wise 'magician' of the Azienda Agricola Arura, we will discover how wild fruits and plants are still harvested and processed today following ethnobotanical traditions or through tasty experimentation. Appointment: 5.30 pm Piazza Milano (village) - Duration: 2 hours and 30 minutes – Advance booking required, € 15. Concessions: € 8 for children 5-12 years old; free for children under 5.



## Capraia

WEDNESDAYS IN THE PARK

**Km0 trekking. From the past to the future: quality crops in the former agricultural Penal Colony - Azienda Agricola La Mursa**

**16 JUNE, 7 JULY, 18 AUGUST**

In the area once occupied by the Colonia Penale Agricola (agricultural penal colony), established in 1873 and abandoned in 1986, structures and agricultural areas still bear silent witness to the life that once animated this area. In a wonderful panoramic position, in the 'Lavanderia' locality, the Azienda Agricola La Mursa has brought the old terraces, some of which are in the Tuscan Archipelago National Park, back to life with patience and hard work. Today, vegetables, vines and more are growing again. But what, and above all how, does one cultivate in Capraia today? With a splendid walk through the former penal colony and a stop at the farm, we will discover what crops are grown, the adopted techniques and the wonderful flavour of fruits grown on the island. Appointment: 5 pm at CEA La Salata (harbour) - Duration: 3 hours - Difficulty: medium-easy. Advance booking required, € 15. Concessions: € 8 for children 5-12 years old, free for children under 5.

**Km0 trekking. From the garden to the table: the Valle di Portovecchio holiday farm in the former penal colony - Agriturismo Valle di Portovecchio**

**23 JUNE, 21 JULY, 4 AUGUST**

The northern part of the island of Capraia housed the island's agricultural penal colony from 1873; it was organised into 'branches', in each of which specific activities were carried out. Following the road that links the various branches, we'll rediscover the history of the agricultural penal colonies in the Tuscan Archipelago. We'll reach the 'Portovecchio' branch, where the stables, the cellar and what used to be known as 'I Pollai', the large 'rational' henhouse of the colony, once operated. Today the Agriturismo Valle di Portovecchio stands in those spaces. Rossana and Massimo will introduce us to the multifunctional farm which, with passion and vision, they have created by restoring the structure and transforming it, respecting restrictions, into an accommodation facility as well as a workshop for artisan preparations and the tasty zero-kilometre products they will introduce us to. Appointment: 5.30 pm at CEA La Salata (port) - Duration: 2 hours and 30 minutes - Difficulty: easy - Advance booking required, € 15. Concessions: € 8 for children 5-12 years old, free for children under 5.

**Km0 trekking. Walking with the goats in the former Penal Colony - Azienda Agricola Il Saracello**

**30 JUNE, 28 JULY, 25 AUGUST**

One of the hypotheses on the origin of the placename 'Capraia' links the island - like others in the Mediterranean - to the presence of goats, which the ancient sailors left on the island territories to ensure a supply of meat for subsequent landings. Those ancient goats are no longer present on the island, but the Azienda Agricola il Saracello, set up in 2016, has brought a flock of beautiful Alpine chamois goats to Capraia. A lovely excursion into the former penal colony, which once housed livestock farms, will take us to the old cow stable, where the farm's goats now live: together with the shepherd we will be able to discover the characteristics of this breed and take a walk in their company.



## Capraia

We will be able to enjoy the sweet and friendly nature of the goats, accompany them out to pasture and understand how the Azienda il Saracello uses its skill and passion to produce high quality cheeses from their milk, one containing all the aromas of the Mediterranean scrubland! Appointment: 5 pm at CEA La Salata (harbour) - Duration: 2 hours and 30 minutes - Difficulty: easy - Booking required, € 15. Concessions: € 8 for children 5-12 years old, free for children under 5.

### The Park has chosen Thursdays in Capraia to raise awareness of the Natura 2000 network.

THURSDAYS IN THE PARK

#### Snorkelling for adults: Amazing marine habitats and organisms along the Capraia coastline, immersed in a Natura 2000 area

All you need is a pair of flippers, mask and snorkel to discover the extraordinary beauty of the seabed on the island of Capraia: among the dark volcanic rocks and on the sandy seabed you can observe the countless species and habitats recognised at the national and international level that characterise the surprising biodiversity of its sea. This is the opportunity to live an unforgettable experience!

Appointment: 4.30 pm at CEA La Salata (harbour)

Duration: 1 hour 30 minutes.

Difficulty: easy – Advance booking required, free.



### Fridays are dedicated to discovering the island's produce: fish, honey and wine, with an eye to history. But the evening is reserved for young astronomers...

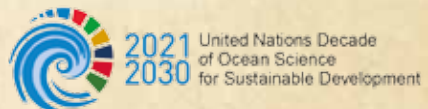
FRIDAYS IN THE PARK

#### Small-scale fishing in Capraia: meet the fishermen - Decade of Ocean Sciences

#### 25 JUNE, 9 JULY, 30 JULY, 13 AUGUST

Capraia is a very special island, where much of the coastline is protected by the Tuscan Archipelago National Park. A meeting at the CEA La Salata will allow us to discover the wonderful inhabitants of the Mediterranean Sea and the 'Pelagos' Cetacean Sanctuary, the protected areas around the island and the rules safeguarding them. But what is the life of a fisherman on Capraia like and what are the possible choices for the future of this profession in such a precious environment? These and other questions will be answered by the island's fishermen when they return from their catch, with meetings on the quayside dedicated to learning about small-scale fishing as a sustainable local activity... there will also be curiosities and anecdotes about life at sea.

Appointment: 9.30 am at CEA La Salata (harbour) - Duration: 2 hours - Difficulty: Easy – Advance booking required, € 8. Concessions: € 4 children under 5.



## Capraia

### **Capraia, the island of palmenti. Archaeological itinerary to discover the palmenti 18 AND 25 JUNE, 9 AND 16 JULY, 3 AND 10 SEPTEMBER**

Starting from the village, a splendid and easy hike along a dirt road and a short trail through the Mediterranean scrub will allow us to reach and explore the small but surprising archaeological area of 'Le Tigghielle', where we can admire a fascinating group of 'palmenti', ancient structures built for pressing grapes, and understand the significance of these artefacts in the environmental context of the island and the Mediterranean. The magnificent panorama of the splendid vineyard landscape of 'Il Piano' will let us imagine what the island of Capraia might have looked like in the past. Once back at the village we will be able to observe further splendid evidence of the territory's vocation for wine production. Appointment: 5.30 pm Piazza Milano (village) - Duration: 2.5 hours - Difficulty: easy - Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

### **Km0 trekking. Capraia island of honey: all the sweetness of nature in a jar - Azienda Agricola San Rocco**

#### **2 AND 23 JULY, 20 AUGUST**

Capraia could be defined as a 'paradise' for bees. The geographical isolation, the splendid Mediterranean vegetation, rich in flower species attractive to these small and industrious insects, the geological formation and the morphology of the territory, make the island the ideal environment for beekeeping and honey production, which boasts a long tradition that continues to this day. An excursion along the beautiful Reganico Trail will allow us to observe the pollen and nectar species and the island's biodiversity, which insects help to preserve. When we reach the splendid 'San Rocco' locality we will get to know the San Rocco Farm, and at the apiary we'll discover the phases of production and life in the 'super-organism' hive, in which nature becomes a sweet product!

Appointment: 5.30 pm Piazza Milano (village) - Duration: 2 hours and 30 minutes - Difficulty: easy - Booking required, € 15. Concessions: € 8 for children 5-12 years old, free for children under 5.

### **Trekking Km0: Wines from the sea, wines to love! - Azienda Biologica La Piana 6, 13, 27 AUGUST**

The island of Capraia can also be called... the island of wine!

With a beautiful, relaxing walk along the dirt road leading to the heart of the island, we'll reach the marvellous 'Il Piano' locality: a broad, gentle natural basin, protected by the mountains to the north and the south, open to the sea to the east, loved also in the past for its characteristics, the site of the settlement of the ancient island community, testified to by the presence of the small Romanesque church of St. Stephan protomartyr and the presence, nearby, of the famous palmenti (vats) used in wine production in the past. Here, in the tranquillity of the island, inside the National Park, the La Piana Organic Farm cultivates a magnificent vineyard in which promising grapes grow and ripen: a stop will allow us to discover the history, cultivation and production methods of the farm and to

## Capraia

experience how much nature and passion is captured in Capraia wine, a wine of the sea, a wine that you can't help but love. Appointment: 5.30 pm, Piazza Milano (village) Duration: 2 hours 30 minutes - Difficulty: easy - Advance booking required, € 15. Concessions: € 8 for children 5-12 years old, free for children under 5.

### **For children: every Friday the stars tell a story**

Observing the night sky is like reading a great storybook: stars, constellations and planets are the protagonists of fascinating stories, ancient myths and distant legends. Taking a few steps outside the village, we will discover the 'darkness' in Capraia and, with our eyes wide open, we'll admire the marvels of the night sky, learn to recognise the main stars, the constellations, the visible planets and learn about the myths, stories and legends of the celestial vault. Appointment: 9.30 pm in Piazza Milano (in the village) - Duration: 1 hour and 30 minutes - Difficulty: easy - Advance booking required, free.

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### **Saturdays are for history; we travel through time... while remaining in town**

#### **Tour of the village of Capraia and visit to the archaeological exhibition**

The small village of Capraia has much to tell: its location and the age of its buildings are in themselves clues to a history that is in part 'elsewhere' and still mysterious. Strolling through the picturesque, cobbled streets, from Piazza della Chiesa to Forte San Giorgio and the Torre del Porto, we'll learn about the most fascinating and recent events in the island's history, while a visit to the small and splendid archaeological exhibition will allow us to discover some of the oldest and most surprising pages of history, evidence of a past that still has much to reveal. Appointment: 5 pm in Piazza Milano (village) - Duration: 2 hours - Difficulty: Easy – Advance booking required, € 4; free for children under 5 + admission ticket for the exhibition € 3.

SATURDAYS IN THE PARK



## Summer Sundays on Capraia offer seas and mountains for those hoping for a breathtaking sighting or for those who want to walk into the past

### Seawatching: boat tour of the island observing marine life

Appointment: 9:30 am CEA La Salata (harbour) - Duration: 2 hours - Advance booking required, € 30. Concessions: € 20 children 5-12 years old, € 10 children under 5.

### An unforgettable island: excursion to the former Penal Colony with sunset at the Dattero locality

The area of the former Capraia agricultural penal colony, with its buildings marked by time, silent witnesses to a not-too-distant past, excites and fascinates anyone who visits it. Walking along the ancient scenic road that connected the various 'branches', besides the structures that have fallen into disuse, we can also observe the new productive activities that have led to the 'rebirth' of buildings and terraces. Through this route between past and present, we will reach the wonderful place called 'Il Dattero' to admire the spectacular sunset over Corsica. Walking under an amazing sky of stars, we'll retrace our steps, enriched by unforgettable emotions.

Appointment: meeting time depends on the time of sunset, CEA La Salata (harbour) - Duration: 3 hours 30 minutes (the hike) - Difficulty: medium-easy. Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

## SPECIAL EVENTS

### SATURDAY 7 AUGUST

#### Trekking to 'Le Tigghielle' with the archaeologist: a wine territory?

The Mediterranean region is traditionally known for its wine production. Archaeological finds tell of sites and production techniques that characterised the daily life of local communities. A visit to the CEA La Salata will introduce the guided tour: with films and tablets we will discover what 'palmenti' are and how they were used. From La Salata we will set off on an easy hike in the company of archaeologist Alessandro Bartoletti, who, on behalf of the Società Cooperativa Archeologica ARA, collaborated on the archaeological digs carried out in Capraia in 2019 by the Soprintendenza Archeologia, Belle Arti e Paesaggio (Superintendency for Archaeology, Fine Arts and Landscape Heritage) for the provinces of Pisa and Livorno. In the vicinity of the 'Il Piano' locality, situated in the interior of the island, Dr Bartoletti will show us the archaeological area 'Le Tigghielle', where we will be able to admire an ancient group of palmenti (vats) and understand the significance of these fascinating artefacts in the environmental context of Capraia.

Appointment: 4.30 pm at CEA La Salata (harbour) - Duration 3 hours - Difficulty: easy - Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

## Capraia

### **Discovering the archaeology of Capraia Island with dott.ssa Lorella Alderighi**

A landing and supply site along important sea routes, colonised since prehistoric times, the site of a permanent community and of a villa in Roman times, a place of spiritual retreat but also of pirate and corsair raids, the island of Capraia has been the theatre of complex, fascinating historical events, some of which have yet to be defined. Through the artefacts found to date in the sites identified at sea and on land, archaeologist dott.ssa Lorella Alderighi will retrace the stages of human frequentation of the island in antiquity, allowing us to discover its history also in the light of the most recent archaeological campaign, which has opened up new perspectives on Capraia's role in the Mediterranean context. Evening conference. Information at CEA La Salata.



### **FRIDAY 13 AUGUST**

#### **From rock to wine: volcanic effects explained by the oenologist and agronomist**

In collaboration with Azienda Biologica La Piana. Legend has it that the seven islands of the Tuscan Archipelago are scattered pearls from the necklace of Venus emerging from the waters... each differing from the other, unique and precious. From a geological standpoint, the legend becomes reality: the peculiar formation, geological history and morphology have conditioned human life in the area and traditional production. Agricultural activities and in particular winegrowing, both in terms of production techniques and results, are a direct expression of the geological makeup of the land. A splendid easy walk in the company of oenologist Leonardo Conti and agronomists Stefano Dini and Dario Ceccatelli, consultants for La Piana organic farm, with a stop at the vineyard located in the marvellous 'Il Piano' locality will help us discover how the substrate has dictated the choice of vines and how it determines the organoleptic properties of the wines produced on Capraia, the only volcanic island in the National Park. Appointment: 5.30 pm Piazza Milano (village) Duration: 2 hours and 30 minutes - Difficulty: easy - Advance booking required, € 15. Concessions: € 8 for children 5-12 years old, free for children under 5.

Capraia

# Walking Festival



## AUTUMN WALKS IN CAPRAIA

### SATURDAY 25 SEPTEMBER

**The Mediterranean maquis: get to know it! Excursion along the Reganico path with a final stop at the Arura laboratory to discover Capraia's ethnobotanical tradition and test new recipes.**

Myrtle, lentisk, helichrysum, rosemary... these are just some of the most characteristic botanical species on the island of Capraia, where the tradition of popular medicinal, veterinary, dietary and dyeing uses of plant species, naturally favoured by the isolation of the area, was specially guarded by the island's women. An evocative and easy hiking trail will introduce us to the variety of flora on the island of Capraia and the spontaneous fruits and plants that are still skilfully collected and processed today. A visit to the Arura Azienda Agricola will show us how the precious herbs of the maquis lend a Mediterranean character to dishes. Appointment: 15:30 CEA La Salata (port) - Duration 3 hours 30 minutes - Difficulty: Medium-easy - Advance booking required, € 7.

### SUNDAY 26 SEPTEMBER

#### **Capraia's alien species, a threat to native communities**

Having arrived on the island at different times and in different ways, what they have in common is their ability to adapt to their new environment, often to the detriment of other native species. The mouflon, introduced in the 1970s, now grazes on almost the entire island and, should the population continue to grow, it could seriously threaten the protected flora. Rats and rabbits, which landed with man in ancient times, have a negative impact on animal and plant communities. Excursion to the former penal colony to learn about the Natura 2000 network.

Appointment: 3 pm at CEA La Salata (port)  
Duration 3 hours - Difficulty: easy - Advance booking required, free.



### SATURDAY 2 OCTOBER

#### **Walking with goats, lunching with squids!**

In the former agricultural penal colony, the prisoners assigned to the various 'branches' carried out farming and animal husbandry activities. A beautiful excursion from the Port to Portovecchio will allow us to observe the production structures of the past and their new destination: we will accompany the goats of the Azienda Agricola Il Saracello to pasture and stop for lunch at the Agriturismo Valle di Portovecchio where we can enjoy the flavours of autumn, including squid! Appointment: 11.30 am at CEA La Salata (harbour) - Duration 4 hours - Difficulty: easy - Advance booking required, € 25.

## SUNDAY 3 OCTOBER

### **Flying over the island in search of shelter, food and nesting places**

In Capraia more than 50 species of birds are strictly protected by the European “Birds” Directive; among these are birds that spend most of their time in the sea, the Mediterranean shearwater and Scopoli shearwater, Audouin’s gull and the European shag . The scrubland is home to two small woodland birds, Marmora’s warbler and the Dartford warbler; the red-backed shrike frequents more open habitats and agro-systems. The expert will help us recognise them by their song. Route from the port to the village through the Vado del Porto and the Roman mule track, and from the village to the Terrazza della Bellavista, to learn about the Natura 2000 network.

Appointment: 11.30 am at CEA La Salata (harbour)

Duration 3 hours - Difficulty: easy - Advance booking required, free.



## SATURDAY 9 OCTOBER

### **Stagnone lake: the indescribable beauty of the habitats of conservation interest**

One of the wonders of the island of Capraia is the so-called ‘Stagnone’, a small natural lake (the only one on the entire archipelago) set among the rocks of the volcanic island. Step by step, following the historic mule track and the paths through the Mediterranean maquis, we will reach the heart of the island and this small treasure trove of biodiversity and beauty. Continuing along the high path on the west coast, amidst breathtaking views over the island’s protected marine area, we will reach the natural terrace on the magnificent Monte le Penne and then, following the northern part of the ridge that characterises the island, we will pass the ancient wall of the island’s former agricultural Penal Colony, descending among the terraces now reused by local farms, to learn about a page of the island’s history that is as important as it is little known. Appointment: 11.30 am in Piazza Milano (town) - Duration 5 hours 30 minutes - Difficulty: Medium-difficult - Advance booking required, free.





## SUNDAY 10 OCTOBER

### The world of insects, let's take a closer look at them among the garrigues and scrublands of Capraia

A scientific work published in 2018 notes that one million species of insects have been described in the world; although an enormous number, it is low compared to the number estimated to live on earth. An expert from WBA onlus will accompany us to discover these small animals that colonise many types of habitats and micro-environments, each with a particular ecological function. Let's not forget the pollinators, bees, bumblebees and butterflies, which transfer pollen from one flower to another, making the reproduction of thousands of plants possible. Excursion along the Reganico path to learn about the Natura 2000 network. Appointment: 11.30 am at CEA La Salata (harbour)  
Duration 3 hours - Difficulty: easy - Advance booking required, free.



## SATURDAY 16 OCTOBER

### The Mediterranean maquis: get to know it!

Introduction to the Mediterranean maquis at the Arura Laboratory, with an excursion to Punta della Teglia. Appointment: 11.30 am at CEA La Salata (harbour) - Duration 3 hours 30 minutes - Difficulty: Medium-easy - € 7, advance

## SUNDAY 17 OCTOBER

### From honey extraction to nature, a journey backwards to discover the world of bees: excursion along the Reganico trail with a stop at Azienda Agricola San Rocco

The Island of Capraia boasts a long tradition of honey production, favoured by the environmental conditions and the presence of numerous melliferous species of flowers. A splendid, easy hike along the Sentiero del Reganico (Reganico Trail) will help us discover the pollen and nectar species that bees love and the island's biodiversity, which the insects help to preserve. At the end of the hike, a stop at the apiary of the Azienda Agricola San Rocco, located in San Rocco, to learn about the production phases, the beekeeping tools and equipment, and the fascinating life of the beehive 'super-organism'. Appointment: 2.30 pm in Piazza Milano (village) - Duration 3 hours - Difficulty: Easy - Booking required, € 7.

## SATURDAY 23 OCTOBER

### Goats and sunsets: with the goats of the Azienda Agricola Il Saracello and sunset at the Dattero

An original event in the context of Capraia's former Agricultural Penal Colony, where we'll take a beautiful walk along the road that once joined the ancient 'branches' of the Colony to the 'Il Dattero' locality, where we'll witness a magical sunset. Part of the route will be in the company of the friendly Alpine chamois goats from the Il Saracello farm, which eat the island's wild herbs in the peace and beauty of its landscapes, giving their milk all the flavour of the Mediterranean scrub. Appointment: 3 pm at CEA La Salata (port) - Duration 5 hours - Difficulty: Medium - Advance booking required, free.

# Capraia

## SUNDAY 24 OCTOBER

### **The Mediterranean maquis: get to know it!**

Excursion along the Vado del Porto with a stop at the Laboratorio Arura.

Appointment: 11.30 am at CEA La Salata (harbour) - Duration 3 hours 30 minutes - Difficulty: Medium-easy - € 7, advance booking required.

## SATURDAY 30 OCTOBER

### **Monte Arpagna: where the eye can wander**

A splendid excursion will take us from the harbour up to the summit of Monte Arpagna, where the Royal Navy Observatory once stood, controlling maritime traffic in the Corsica Channel, and of which there are only a few wind-resistant remnants. The panorama from the summit is breathtaking, allowing a 360° view of the Capraia hills, the sea, the coast and the other islands. If the destination is marvellous in itself, the route is no less fascinating. It follows the old service mule track to the Observatory, immersed in the Mediterranean maquis, along which we can observe the buildings that once housed the garrison near the summit. Appointment: 11.30 am at CEA La Salata (harbour) - Duration 5 hours - Difficulty: Medium-difficult – Advance booking required, free.

## SUNDAY 31 OCTOBER

### **From honey extraction to nature, a backwards journey to discover the world of bees at Azienda Agricola San Rocco**

Appointment: 2.30 pm, Piazza Milano (village) - Duration 3 hours - Difficulty: Easy - By appointment, € 7.

## MONDAY 1 NOVEMBER

### **Capraia, from the warrior to the palmenti. Historical and archaeological itinerary**

L'isola di Capraia ha visto antiche frequentazioni, testimoniate da interessanti e preziosi The island of Capraia has been visited in the past, as can be seen from the interesting and valuable finds on display in the archaeological exhibition 'Il ritorno del Guerriero e altre storie di archeologia capraiese'. The preciousness of these finds suggests that the island was not simply a landing site, but a production centre that explains the presence of luxury items and refined works of art. Where could such wealth have come from? The archaeological survey carried out on the island in 2019 also included a census of the 'palmenti', which yielded unexpected results. What are palmenti? How many and where are the palmenti on Capraia? An archaeological itinerary through the village and its surroundings, starting with a visit to the archaeological exhibition, will allow us to discover the surprising and still mysterious role of Capraia in the Mediterranean and observe evidence of the island's vocation for wine production.

Appointment: 9.30 am at CEA La Salata (harbour) - Duration 2 hours 30 minutes - Difficulty: Easy. Advance booking required, free. Admission to the exhibition € 3.

[prenotazioni.islepark.it/capraia](http://prenotazioni.islepark.it/capraia)

# Capraia



Live the Park

# Giglio and Giannutri



# Information points



## INFO PARK GIGLIO CASTELLO

Via Roma, 35 - Giglio Castello - 377 1842628.

The Info Park office on Giglio Island is located at the Castle in Via Roma 35. It is open to the public, with specialised staff providing information services on regulations and access to all the islands in the Tuscan Archipelago, nature tourism reception and booking services for all the activities offered by the Park on Giglio and Giannutri. Information and bookings Marina Aldi Park Guide, 377 1842628.

### From 15 April to 31 May:

Friday and Saturday 4 pm - 8 pm.

Wednesday 3 pm - 6 pm,

### From 1 June to 15 September:

Sunday 11 am - 2 pm and 6 pm - 11 pm,

Monday 11 am - 2 pm and 3 pm - 6 pm.

Tuesday 11 am - 2 pm.

### From 15 September to 15

October:

Friday 4 pm - 8 pm,

Saturday and Sunday 3 pm - 8 pm.

## GIGLIO PORTO INFO POINT

Via Provinciale, 9 - Giglio Porto - Tel. 0564 809400.

The new information point at the Pro Loco Giglio Island headquarters allows visitors to discover the National Park's visitor offer, in particular that of Giglio and Giannutri. Images of the extraordinary natural and archaeological attractions characterising the protected area are on display within the structure, and visitors can obtain information on the various ways in which to visit the two islands. A variety of in-depth material is available at the information point, and visitors can purchase the official maps of the Park's trail network. The information point coordinates with Info Park to book scheduled excursions.

**November to February:** Monday, Wednesday and Saturday 9 am - 1 pm.

**March to October:** daily, 9 am - 1 pm and 2 pm - 6 pm.



Avenza Maps

Download the free application on the Avenza maps platform to view the official maps of **Giglio** and **Giannutri**



Giglio



Giannutri

**Giglio and Giannutri**

# Walking Festival

**Walking through history and nature**

# Giglio and Giannutri

## SUNDAY 4 APRIL

### **Giglio Island. Discovering biodiversity, including alien plants and botanical varieties**

A nature excursion departing from Giglio Castello and heading south, towards the southernmost tip of the island, to the Capel Rosso locality, where the lighthouse of the same name is located. Along the 6 km trail that leads to the lighthouse, we'll observe the Mediterranean plants in bloom and the so-called "alien" plants present especially in the final stretch of the trail. Packed lunch. The return trip will take place in the early afternoon by taxi minibus. The excursion ends at 4.30 pm, in time to catch the last ferry.

Appointment: 10 am in Piazza Gloriosa, Giglio Castello - Duration: 6 hours and 30 minutes - Difficulty medium-high. Advance booking required, free.

## MONDAY 5 APRIL

### **Mediterranean wild plants: uses and traditions in the Tuscan Archipelago**

Free excursion on foot in a southerly direction, starting from Giglio Castello, to discover the Mediterranean wild plants of the island, and medicinal uses, typical culinary traditions and general uses common to the islands of the Tuscan Archipelago. Packed lunch. After lunch return on foot to Giglio Castello. Free poster for all participants. Appointment: 10 am in Piazza Gloriosa, Giglio Castello - Duration: 6 hours - Difficulty: easy - Advance booking required, free.

## SUNDAY 25 APRIL

### **Appetite comes with walking**

Departing from Giglio Castello towards Cala degli Alberi, located in the wildest part of the island, heading southeast. After a 2-hour walk we will arrive at Azienda Agricola Biologica "Barbara Arienti", which can only be reached by sea or on foot. On arrival, we will have lunch with products from the farm, which raises various farmyard animals. The garden produce is all organic and the wheat is produced using ancient cultivars. After lunch, the owners will show you the farm. Departure at 4.30 pm from Cala degli Alberi for Giglio Porto, using a taxi boat. On arrival, you will have time at disposal before the ferry leaves. Appointment: 10 am in Piazza Gloriosa, Giglio Castello - Duration: 7 hours - Difficulty: medium. Free. Lunch (by request) € 30, all-inclusive. Ferry transport € 10 each, minimum 3 people.

## SUNDAY 2 MAY

### **In search of lizards and painted frogs among the rocks and small ponds of Giglio Island!**

Trekking from Giglio Castello to Campese through Bosco del Dolce woods, to learn about the Natura 2000 network. Return by public transport or taxi. Guided by an expert, discover reptiles and amphibians. A small frog leaping towards a pool of water reveals itself: it is the Tyrrhenian painted frog which lives on Giglio and Montecristo, camouflaged among the aquatic vegetation and waiting for small prey. A species with a restricted distribution, it is the only amphibian on the island. Among rocks and trunks or on dry stone walls we find lizards, which in some places in the Archipelago take on very different colours and regulate their body temperature in the sun.

Appointment: 10 am, Giglio Castello - Duration: 5 hours  
Difficulty: medium - Advance booking required, free.



## Giglio and Giannutri

### SUNDAY 9 MAY

**Giglio Island. Minerals and crystals, beautiful treasures. Trekking in Cala dell'Allume.**

Free trek from Giglio Campese to Cala dell'Allume, where you can find the greatest variety of minerals on the island and an old pyrite mine active in the last century. Identification and recognition of the minerals present, stories and beliefs about the healing properties of minerals. Packed lunch, return to Giglio Campese by 4 pm.

Appointment: Giglio Campese bus stop, 10 am - Duration: 6 hours

Difficulty: medium.



### SUNDAY 23 MAY

**The world of insects, let's observe them up close among the garrigue and the scrubland of Giglio Island**

A circular route from Giglio Castello to Castellucci, with packed lunch and return in the afternoon, to learn about the Natura 2000 network. A scientific paper published in 2018 notes that one million species of insects have been described worldwide: while an enormous number, it is low compared to the estimated number of invertebrates living on earth. An entomologist will accompany us to discover these small animals that colonise many types of habitats and microenvironments, each with a particular ecological function. Let's not forget the pollinators, bees, bumblebees and butterflies, which transfer pollen from one flower to another, making it possible for thousands of plants to reproduce.

Appointment: 10 am in Piazza Gloriosa, Giglio Castello

Duration: 6 hours - Difficulty: easy. Advance booking required, free.





Giglio and Giannutri

E... State nel Parco

Summer in the Park



### **SUMMER IN THE PARK FOR EVERYONE**

Families, young people and children can explore the nature and history of the islands of the Tuscan Archipelago National Park through excursions, guided visits, educational workshops, conferences and citizen science programmes that enable them to find out about and experience the protected area's nature and culture.

### **SUMMER IN THE PARK JUNIOR**

For children aged 6 to 11: environmental education, games and workshops; activities linked to the marine ecosystem and the park's most interesting environments; animal and plant species, natural history, conservation and sustainability.

## Among granite and minerals... Geo-Mondays discovering the heart of Giglio

**Granite: its beauty and secrets. On the trail of stone animals**

**15 AND 29 JUNE, 13 AND 27 JULY, 10 AND 24 AUGUST, 7 SEPTEMBER**

Transfer using personal transport to Le Porte: here, before a sweeping panorama that also embraces the nearby Island of Giannutri, the Park Guide will highlight the characteristics of the granite rock that makes up 90% of Giglio Island. We'll observe various geological manifestations and will recognise in the granite, sculpted by the wind, the shapes of many animals. We will then climb to Poggio della Pagana, the highest point on the island to admire the 360-degree panorama of the area and the sunset over the islands of the Tuscan Archipelago. At the end of the visit, we return to Giglio Castello and those who wish may dine in a characteristic restaurant (10% discount for excursion participants).

Meeting point: 4 hours before sunset, Piazza Gloriosa in Giglio Castello - Duration: 4 hours. Difficulty: medium - Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

**Cala dell'Allume: Sunset trek to discover minerals and crystals**

**22 JUNE, 6 AND 20 JULY; 3, 17 AND 31 AUGUST**

Departure on foot from Giglio Campese to reach Cala dell'Allume, in the southwest reaches of the island, where you can find a rich variety of minerals and a pyrite mine, now the largest mine in Italy exploited in modern times. Leaving behind the Valle dell'Ortana ditch, we will continue along the trail, protected for a small stretch by a wood of holm oaks. The short, steep final descent will lead us to the bay, where the mineralizations have tinged the rocks a thousand shades of colour: there's brown limonite, yellow sulphur, grey hematite, pale pink fluorite and white limestone. Together with the Park Guide, we'll identify the minerals present and talk about stories and beliefs about their healing properties. Meeting point: 3 hours before sunset at the bus stop in Giglio Campese - Duration: 3 hours - Difficulty: medium - Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

## Every Wednesday, summer is for the little ones

**For children: appointment with minerals**

A day dedicated to minerals, alternating between a mineralogical workshop at the InfoPark and outings along the trails to discover minerals and crystals, departing from Giglio Castello. Every month: a workshop the first and fourth Wednesday, an outing the second and third Wednesday of the month. Maximum 10 participants.

### Thursdays in the Park are dedicated to archaeology

#### Visit to the Roman Villa on Giannutri

On Giannutri, among rocky cliffs and trails perfumed by the Mediterranean maquis, we can admire the remains of an Imperial Villa from the Roman era: an ancient residential complex with a seaport, once the headquarters for docked sailing ships and for otium, was built in the 2nd century AD by the powerful Domizi Enobarbi family, of whom Nero was a descendant. Guided tour with Park Guide. Meeting point: Giglio Porto - Advance booking required, € 8. Concessions: € 4 for children 5-12 years old, free for children under 5.

### Gourmet Fridays in Giglio... Or discovering Rete Natura (the Nature Network)

#### km0 trekking. Bee's gold: visit to the Azienda Api Gigliesi and tasting of farm produce 11 JUNE, 23 JULY, 20 AUGUST

Short trek to Scopeto. The Park Guide will illustrate the natural and manmade features of the area. We'll meet Mariella Centurioni and Marco Stanca of the Azienda Agricola Apiaria Api Gigliesi, who will guide us through the world of bees – first-rate environmental indicators and irreplaceable in maintaining ecosystem biodiversity – and will let us taste an exceptional organic honey. Inside a jar of honey is the story of a beehive, and therefore of a community, closely linked to the characteristics of an area and its agricultural production. A virtuous circle that connects the plant, animal and human worlds and represents an excellent model of sustainable development, one in which bees thrive, plants reproduce and bear fruit, and man enjoys the precious bee products.

The visit ends with a tasting session in the open air, enjoying the sunset and the farm's produce. Meeting point: 3 hours before sunset, bus stop after the Bivio, provincial road to Giglio Porto - Duration: 3 hours - Difficulty: easy – Advance booking required, minimum 6 participants, € 18 including excursion and tasting.

#### The bats of Giglio Island, a walk with an expert to learn about their habits 18 JUNE

Who would think of bats as one of the most important fauna of the small Mediterranean islands? Unattractive and little known, bats are on endangered lists precisely because they are vulnerable or in danger of extinction. During the night they weave fast trajectories in search of food, while during the day they rest in secluded places. Our expert will tell us what secrets they hide and how we can protect them: we'll take a walk outside Giglio Castello, in an area where it is possible to spot these flying mammals and, equipped with a bat-detector, we can listen to the ultrasounds they emit.

Meeting: 8.30 pm, Piazza Gloriosa in Giglio Castello

Duration: 2 hours - Difficulty: easy.



## Giglio and Giannutri

**km0 trekking. In equilibrium between land and sea: visit and tasting in the orchard**

**25 JUNE, 6 AUGUST**

In the Tuscan Islands MAB Reserve, man and nature live in harmony, contributing to sustainability. Michele Galeotti, with the help of his father and the involvement of younger generations, cultivates an orchard and a vineyard in Scopeto, on land already worked by his grandfather: enthusiasm and hard work are required to achieve a balance between the island and its inhabitants. With a short walk to the farm to meet these tireless producers, who will help us discover how the land is worked today, but also how it was worked in the past, when Giglio was completely terraced and the water, through ingenious works of hydraulic engineering, reached every corner to make it fertile and productive. In recent years Michele has combined his passion for the land with that for cooking: we'll taste his simple dishes with locally sourced ingredients, tasting fish, fruit and wine, dining outdoors before a perfect sunset.

Meeting point: 3 hours before sunset, Bivio bus stop - Duration: 3 hours - Difficulty: easy - Advance booking required, € 18, including excursion and tasting.

**km0 trekking. Giglio in a glass: land, herbs, sea and daring vineyard workers.**

**Visit and tasting at the Azienda Agricola Castellari**

**2 JULY, 13 AUGUST, 10 SEPTEMBER**

Evening nature excursion to discover the island's winemaking history: with a short walk to Scopeto, we'll reach the Castellari winery, in the northwest reaches of the island, where we'll meet Simone Ghelli, who has been producing Ansonica under the "Calzo della Vignia" label since 2012. Sipping this wine means immersing oneself in the natural, geological and human history of the island: the floral notes of helichrysum and lentisk, the granite crushed by erosion and turned into the earth, the aroma of the surrounding sea. And the patience of those who painstakingly climb and



## Giglio and Giannutri

care for these plots of land, and of those who drink, who, as the label says, must know how to wait a little while, so that the wine can release its full bouquet and one can experience slow food and sustainability. The Park Guide will illustrate the ancient winemaking methods, starting from Roman times, and we'll then taste wine in the vineyard, admiring a breathtaking panorama that stretches from east to west, overlooking the sea.

Meeting point: 2 hours before sunset, bus stop after the Bivio, on the provincial road to Giglio Porto - Duration: 4 hours - Difficulty: easy – Advance booking required, minimum 6 participants: € 23, including excursion and tasting.

**0 km trekking. In the court of... Queens: visit and tasting at “The Queens” apiary. Queens” apiary**

**9 JULY, 30 JULY, 3 SEPTEMBER**

Giglio Island, with its extraordinary heritage of biodiversity, blooms for eight months of the year and temperatures that never fall below zero, is a paradise for honeybees, which can live exclusively on the honey they produce and store, benefitting their health considerably. In this very special context, Barbara Galeotti, Alessio Agnelli and their son Gabriele developed the Queens apiary project for producing excellent honey. The name refers to the two Queens who are the protagonists of the project: Giglio Island and the queen bee. A walk from Scopeto Olivello will take us to the production site, where we'll meet the beekeepers: here we'll discover how the nature of the island enables sustainable production with sweet results, but also many curiosities and insights into the world of bees: “a perfect society”, the producers explain, “with well-defined functional roles, which should be a source of inspiration for human society”.

Meeting point: 3 hours before sunset, bus stop after the Bivio, on the provincial road to Giglio Porto - Duration: 3 hours - Difficulty: easy - Advance booking required, € 15.

**km0 trekking. Unique places and wines overhanging the sea: visit with tasting at Azienda Agricola Fontuccia**

**4 JUNE, 16 JULY, 27 AUGUST**

At the southern end of the island, immersed in the magical atmosphere of Capel Rosso, “the great beauty”. A short walk will take us to the Punta, and we'll then retrace our steps, stopping to visit the Fontuccia Farm. Giovanni and Simone Rossi, terracing heroes and vineyard tightrope walkers, since 2009 have wrested small holdings in various areas of the island, starting up the production of Ansonica Senti oh, but also Saracio, which recovers ancient vines, and ‘Nantropo’, distilled from the fruit of “expert vines” - as they call them - that have resisted extreme environmental conditions for almost 100 years. A journey through the production and the nature of Giglio, between granite cliffs and breathtaking views, on steep paths where grapes are harvested only by hand and the wine is as sapid as the sea that laps the vineyards.

Meeting point: 3 hours before sunset, Piazza Gloriosa in Giglio Castello - Duration: 3 hours 30 minutes. Difficulty: easy – Advance booking required, € 18.

Giglio and Giannutri

# Walking Festival



## Giglio and Giannutri

### **SATURDAY 18 SEPTEMBER**

#### **Flying over the island in search of shelter, food and nesting places**

On Giglio Island, 25 species of birds are strictly protected by the European “Birds” Directive; among these, the shearwater, Audouin’s gull and the European shag spend most of their time in the marine environment. The scrubland is home to two small woodland birds, Marmora’s warbler the Dartford warbler; the red-backed shrike frequents more open habitats and agro-systems. At dusk, the nightjar begins its song, which lasts throughout the night. The expert will help us recognise them with the aid of binoculars. Departing from Giglio Castello, we will reach Scopeto and then circle around Poggio delle Serre, returning in the afternoon by public transport or taxi. An opportunity to get to know the Natura 2000 Network.

Appointment: 10 am in Piazza Gloriosa, Giglio Castello

Duration: 6 hours 30 minutes.

Difficulty: medium. Advance booking required, free.



### **SUNDAY 25 SEPTEMBER**

#### **Giglio Island. On the donkey trail**

Free nature hike in a southeasterly direction to Azienda Agricola “Barbara Arienti”, where there is a breeding farm of Micci Amiati, the last donkeys on the island, used for centuries as beasts of burden. After a 2-hour walk, arrival at Cala degli Alberi, which can only be reached by sea or on foot. Optional lunch based on organic products from the farm. After lunch, return by boat by 4:30 pm to Giglio Porto. Appointment: 10 am Piazza Gloriosa in Giglio Castello - Duration: 6 hours and 30 minutes - Difficulty: medium/high. Lunch available by reservation (30€ per person), return boat 10€ per person.

### **SATURDAY 2 OCTOBER**

#### **Trekking under the stars, Poggio della Pagana**

Free evening excursion on foot to the highest point on Giglio Island, Poggio della Pagana. Meet two hours before sunset in Piazza Gloriosa, Giglio Castello, from where you will walk for less than an hour to Poggio della Pagana (496 m asl), the highest point on Giglio Island, to admire the panorama all around and the sunset to the west. Packed dinner. As soon as it is dark, you can admire the starry sky and its constellations in one of the areas with the least light pollution on the island. Personal contributions of technical equipment (e.g. binoculars or telescopes) and narrations about the starry sky are appreciated and will make for an especially rich, unforgettable evening.

Appointment: two hours before sunset, Piazza Gloriosa in Giglio Castello - Duration: 3 hours - Difficulty: medium - Advance booking required, free.

[prenotazioni.islepark.it/giglio](http://prenotazioni.islepark.it/giglio)

Live the Park

Visit Giannutri





## Giglio and Giannutri

### How to reach the island

You can reach the island from Porto Santo Stefano: the timetable is available on the website [www.maregiglio.it](http://www.maregiglio.it) (departure at 10 am, return at 4 pm). During the summer season there is also a weekly connection (on Thursdays) from Giglio Island.

### Visit Villa Romana (the Roman Villa)

In Giannutri, among rocky cliffs and paths perfumed by the Mediterranean scrub, you can admire the remains of a Roman villa: an ancient residential complex with a port of call, once the headquarters for sailing ships and otium, it was built in the first century AD by the powerful Domizi Enobarbi family, of whom Nero was a descendant. The archaeological site was reopened in 2015. The admission fee helps finance its maintenance and care.

Visits are possible from April to September, as scheduled.

Ticket € 8; € 4 concessions (5 - 12 years), free 0-4 years. For information and bookings contact Info Park Tel 0565.908231 or book directly online at [Prenotazioni.islepark.it/Giannutri](http://Prenotazioni.islepark.it/Giannutri)

Calendar of guided tours of Villa Romana in Giannutri departing from Porto Santo Stefano

#### APRIL

Every Saturday:  
3, 10, 17, 24

#### JUNE

Wednesday e Saturday:  
2, 5, 9, 12, 16, 19, 23, 26, 30

#### AUGUST

Wednesday and Saturday:  
4, 7, 11, 14, 18, 21, 25, 28

#### MAY

Every Saturday:  
1, 8, 15, 22, 29

#### JULY

Wednesday and Saturday:  
3, 7, 10, 14, 17, 21, 24, 28, 31

#### SEPTEMBER

Wednesday and Saturday:  
1, 4, 8, 11, 15, 18, 22, 25, 29

Calendar of guided tours of Villa Romana in Giannutri departing from Giglio Porto

#### JUNE

Thursday:  
17, 24

#### AUGUST

Thursday:  
5, 12, 19, 26

#### JULY

Thursday:  
1, 8, 15, 22, 29

#### SEPTEMBER

Thursday:  
2

[prenotazioni.islepark.it/giannutri](http://prenotazioni.islepark.it/giannutri)







Information and bookings

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